

St Albans News

The Voice of our Neighbourhood

October 2008



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Our Tenth Birthday 18th October 2008

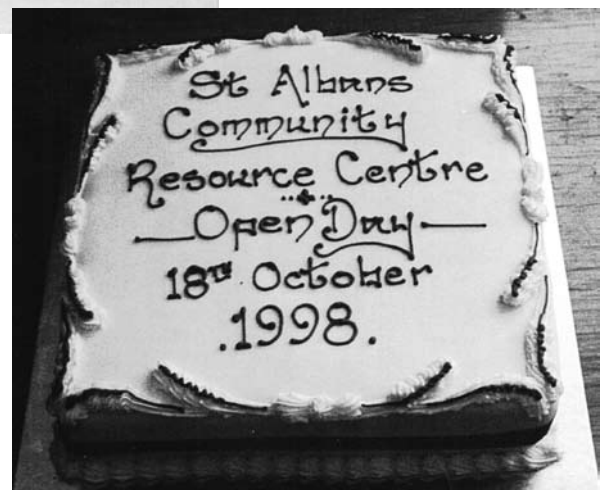
From a dying library open only eight hours a week and run by a few volunteers, to a vibrant Community Centre with five paid staff, a very active Board of Directors, and thirty incredibly capable and dedicated volunteers is fantastic!



This, the tenth year, the St. Albans Community Centre will serve over 30,000 people with a wide variety of services.

All of what is happening today is because of the hard work, dedication, and vision of a handful of people ten years ago. In our next issue we are going to highlight those events and people because we owe them a great deal.

Please come to our Birthday Party from 2:00 p.m. to 5:00 p.m. on Saturday 18th October at the Community Centre, 1047 Colombo Street. There will be drinks, food, fun entertainment, and other surprises.



The St Albans News is read by 22 000 people, 19 dogs, 3 cats and a parrot



Pool Site Task Force

At long last we have finally seen the end of negotiations with the CCC over the structure and terms for a community group to look at the potential uses of the old Edgeware pool site. It is a shame the process took so long (since 26th of June) but there was great reluctance by CCC staff to allow the group to function independently. The finalised terms give complete independence to the group sans CCC staff. The irony will be that this group of very competent and skilled people will complete a report that all will acknowledge as highly professional and reflective of the community.

News Commentary

In the October issue of this paper I wrote a commentary regarding the CCC councillors, some senior staff and apathetic voters. We received over 45 phone calls or emails and 3 personal visits. Opinions in support of the article totalled 74% and those against 26%. We were pleased to see and hear all opinions and we replied to each person.

In the commentary I referred to the Mayor by a common nickname I should not have used because he and I have not had a chance to personally talk to each other. Therefore I had no right to use such a term, and I wrote a letter of apology the same day the paper was

printed and personally delivered it to his office. I also asked that my apology letter be printed in this issue.

Centre Growth

As we prepare for our AGM, it suddenly became evident the Centre will end the year providing services for over 30,000 people (up 25% from the previous year). This includes all meetings, regular scheduled uses, NeighbourNet, private functions and visitors. This growth shows we are meeting the needs of our community and city by providing services people see as valuable. This growth reflects well upon our dedicated staff, Christoph, Alison, Tasha, Magda, and Matt. Our thirty-plus volunteers clearly remain the cornerstone of serving this community.

Book Sale

Thank you for your generous gifts of books. We are now able to fill the once-empty shelves with quality hardbound books and sell the paperback books back to the community. We will continue this programme so PLEASE keep giving us books.

Elections

We now enter the election season and all the antics that go with it. The Centre will host an evening for you to meet all the Central City candidates, and they will attempt to answer our questions. We will let you know the date as soon as finalised. We will also have an Election Special insert in the next St Albans News with further information.

Once again the Centre will serve as a polling place on Saturday the 8th of November.

Bill Demeter - Co-Chair of the St Albans Residents' Association

Events Calendar

7 Oct, 5.30pm	Tutorial for St Albans Transition Wiki (374 2465)
7 Oct, 7.30pm	SARA AGM 2008 (374 2465)
16 Oct, 7.30pm	Election Meeting, St Albans Uniting Parish (355 6872)
18 Oct, 2pm	10 Year Anniversary Celebration of the Community Centre (379 6305)
18 Oct, 11am	Fair & Garage Sale, St Matthews on Cranford
19 Oct, 11am	Packe Street Garden Working Bee (366 3844)
19 Oct, 11am	Ratana Church Service, Rehua Marae (355 5606)
21 Oct, 12pm	Christchurch Transition Forum (374 2465)
22 Oct, 2pm	St Albans Uniting Church Garden Club
23 Oct, 7pm	SARA Board meeting (374 2465)
29 Oct	Season begin, Christchurch Football Club (385 1991)
30 Oct, 7pm	Candidates Meeting at the Community Centre (374 2465)
1 Nov, 11am	St Albans School Market Day (www.stalbans.school.nz)

**The St Albans
News relies
on your
contributions.
Please send us
your articles,
letters and
notices. The
deadline for the
November issue is
16 October**

News from the Community Centre

Residents' Association Meetings

Please note that Residents' Association meetings are now held every 4th Thursday of the month. All are welcome to attend. If you have an issue to present, please let us know in advance so that we can add it to the agenda. Contact: 379 6305. The next meetings are scheduled for 23rd October and 27th November.

Resident's Association AGM

The AGM date has been moved once more. All are now invited to the AGM of the Residents' Association on 7th October at 7.30 p.m. at the Community Centre. Our guest speaker is Peter Townsend, chair of the Canterbury Chamber of Commerce.

Tenth Anniversary

On 18th October the Community Centre will celebrate its tenth anniversary. From 2 p.m. till 5 p.m. we will have a little party in and around the Centre – come and celebrate with us!

Books for our Library

We've had an overwhelmingly positive response to our call for books for the library shelves. Thank you! In fact, we have received many more than anticipated, and are offering them back to the community, as a fundraiser for the Centre. If you are looking for something to read over the weekend, please just drop by the Centre and browse our little stock. In the meantime we are still looking for any type of book which is in good repair, to be used in our current library for our drop-in area. Phone: 379 6305 or drop them off at the Centre.

Candidates' Meeting for the 2008 Election

The St Albans Community Centre will host a candidates' meeting on Thursday, 30th October at 7.30 p.m.



**St Albans
Community Centre**

Te Pokapū Hapori o Hato Ōpani

***Thanks to Eureka
Trust for \$1,295
toward our annual
phone account***

St Albans News, October 2008 Vol. 15, Number 9, Issue No. 165

The St Albans News is a contribution driven community newsletter. It is published by the St Albans Community Centre, 1047 Colombo St. This is a not-for-profit newsletter, delivered monthly, and is free to over 8500 homes and businesses. All contents are copyright by the original authors. Please acknowledge the source of any excerpts as the "St Albans News"

Send your contributions and adverts to:
St Albans News, P.O. Box 21-102, Christchurch

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Website: <http://www.stalbands.gen.nz>

The newsletter is produced by a dedicated group of community workers.

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Proofreading: Terry Connor
Design, layout, advertisement design: Maria Hayward
Printed at the St Albans Community Centre

With regular contributions from:
Maxine Feutz, Hilaire Campbell, Bill Demeter, Maggy Tai Rakena, Doug Craig, and others.

The opinions expressed in this publication are solely those of the authors, and do not necessarily reflect those of the St Albans Residents' Association.



Letter of Apology

Mayor Bob Parker
Christchurch City Council,
5 September 2008

Dear Bob

In the September Issue of the St Albans News I wrote a commentary about CCC senior staff, elected Councillors and the people who don't vote.

In the commentary I referred to you by a nickname that I should never have used and I'm extremely disappointed in myself for doing so.

You and I have only met in passing at various functions, thus we can't know each other well enough for me to have done what I did. I'm sorry.

I hope we can meet soon so I may apologize in person.

Sincerely,
Bill Demeter

St Albans Tennis Club

Summer season has started

New members are welcome

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Inspection welcome

Letters to the Editor

To the Editor (via phone)

Bill Demeter's commentary in your last issue made many valid points especially about the Council trying to hide the Henderson purchase by breaking apart the purchases so they totally less than \$5.0 million each. Why didn't they want the public to be informed?

It appears they don't want the public to know what is going on and when the public does find out they get mad that we know. Demeter's right, they have forgotten who they work for and who pays them.

I felt the use of a nick name for the mayor was wrong and detracted from the otherwise well written article.

R. Wilson
Edgeware

Dear Sir,

I am amazed that you allowed "The Perfect Storm – A commentary by Bill Demeter" (September 2008) to be printed in the St Albans News, and to be positioned on the front page under the banner:- The Voice of our Neighbourhood ST ALBANS NEWS.

I found the wording of this article inappropriate and in very poor taste.

I understand Mr Demeter is a Co-Chair of the St Albans Resident's Association.

Is this why his article was printed and why it was given prominence on the front page?

Shame on you for including this article.

Regards,
Pauline Thomson



Ray White

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Authorised by P. Wheeler, 64 Stapletons Rd, Christchurch



Big Beauty — Memorial gates at Rugby Park (Malvern/Rutland Street corner)



I can't call it statuary — there are no animal or human figures, only flowers — but this is the best bit of stand-alone dressed stone in St Albans — and it is rotting away. I have been kind in my drawing, but the pencil may not come up well, so go and look at it (watch your head). Note the various stones, Timaru, Oamaru, Halswell, and the way they trap the shadows. See the last light on the date of their unveiling, 26 July 1929. See the jubilee memorial tablet for the Canterbury Rugby Football Union, which owns the gates. Above them is its monogram, nicely rendered but running to dust. Admire the ironwork, the circles and semicircles which frame the killing fields within.

Talk to groundsman Kevin Tucker (if you can get him off his tractor). His Crusader stories are the best. He has a fine turf, and a superb scrummage mound, but the gates are his Achilles heel. He says they have been on the critical list for fifteen years, but that nothing has

been done towards their restoration, despite a professional recommendation. "It is a crying shame," he adds.

Only the odd dog squeezes through them now. Sycamore leaves collect and turn to humus, but this is where the Union's colours — red and black — hung on opening day, a warm for winter Saturday in 1929, beside a strip of blue bunting. This is where Chairman McPhail made a long, almost ritualistic, speech about the necessity for young men to work off their animal spirits — to the sound of much clapping and pawing of the earth. We know from the newspapers that some people cried from the emotion of it all. Rugby Park was the Union's new ground they said, but the gates were the prize. They were blessed, permanently, and so were the people passing through. No one could have foreseen the day when a new entrance would be cut, for practical reasons, further down the street, and all the meaning of the old one lost.

Hilaire Campbell

Staying safe course

With the advent of such Internet sites as Facebook and Bebo, and cell phone bullying coming into the mix, cyberspace has become just one more area of concern for parents.

Staying Safe Strategies — a new initiative being brought to Mairehau by Family Works and Neighbourhood Trust — deals with these issues, as well as the conventional areas of personal safety for 10–16 year olds. The course will run for six early evening sessions at Glenmoor School in Philpotts Road, starting the first Monday of Term 4.

Family Works Connections Co-ordinator, Anna Mowat says, 'This is an exciting new course, because it's come out of what the parents say they'd like to know more about and they have co-written and helped devise the course.' The programme aims to bring parents/caregivers and their children together to learn self-defence, with well-known instructor Lynda Maindonald, and gain strategies and information on keeping safe, creating a forum to discuss a wide range of topics from drugs to playground bullying.

'Both agencies have been working in the Mairehau/North St Albans area for some time, so it made sense to collaborate on this project. Working together means we are able to provide this programme to the community for just a gold coin donation,' says Neighbourhood Trust Community Children's Co-ordinator, Allison Alexander.

For more information, or for a registration form, ring Anna on: 363 8229 or Allison on: 355 6522.



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.....
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.....
.....
.....
.....

25 words - good; 30 words - excellent; 38 and over - you are on fire!

Thinking Health

Hi my name is Peter Evans; I'm an holistic Lifestyle Coach and Personal trainer.

In last month's edition of the St Albans News, I had the great pleasure of starting off our six-stage journey towards greater health, fitness and quality of life.

There are six components to leading a valuable and rewarding lifestyle — these include our Breathing, Thinking or Thoughts, Hydration, Nutrition, Exercise and Circadian Rhythm. Each of these is needed in unison to support the body and mind working at its optimum.

We began by looking at the importance of breathing well, in order to bring about greater energy and concentration for the mind and body — and some simple ways to achieve that.

In this month's edition I'd like to introduce the next of our six areas — Thinking.

Interestingly, until recently most of modern day approaches towards a healthy, fit and happy lifestyle have tended to address the body, the food we eat and the exercises we perform. However, many of the wonderful changes people would like to bring about in their own lives require both physical and mental changes.

People generally want to change one of two things: day to day behaviours, or how they feel about things in their lives, or a combination of both.

When we live in such a way that our thoughts are congruent with our actions, we often find positive change can not only be successful, but also enjoyable.

So how do you discover whether you are having life affirming thoughts or negative ones?

Well, one's life can be viewed as a sausage machine – what you put in you get out.

For example, self-defeating thoughts and negative self-image produces dissatisfaction and low self-confidence.

Positive thoughts and a confident self-image often produce satisfaction and happiness.

Take a look around you — what's in your life at this very moment? Are you happy with it? If so, which areas? If not, which areas are you least happy with?

A moment of honest self-reflection can be the most instantaneous method of gauging what needs to change in order to get the best out of life.

Before we go any further it's worth mentioning several ideas or presuppositions which can enable the change we want quickly and effectively.

“The Map is not the Territory”

This is an expression was first used by philosopher and scientist Alfred Korzybski — to describe how a person's interpretation of an event or object is just that — and is not

necessarily an accurate description of what is.

For example, a map of Christchurch doesn't contain the hustle and bustle, the sights, sounds and smells of the city streets.

Yet in life we all have our 'own maps' or beliefs about who we are and where we are going. If the map is limited in terms of reference experiences and beliefs then our actions and thoughts are equally limited.

For example, a friend of mine said of a new work colleague, “Jane hates me, every time I talk to her she looks away.” It later transpired that Jane was extremely embarrassed about a scar she had from a traumatic accident, which happened earlier that year, and she had lost her self-confidence to have eye contact when talking to people.

Sometimes what we think or perceive to be true can be the simplest obstacle to changing how we feel or act on a day-to-day basis.

The change we want in our lives can be truly magic when we enrich our maps — by expanding our beliefs and references about what is possible.

“Every behaviour has a positive intention”

Have you ever seen somebody do something and thought, “Why on Earth did they do that?!”

This presupposition begins to explain a rationale behind seemingly illogical behaviour.

Why does an attractive and fun person always put themselves down?

And why does the 'serial dieter' never achieve their desired weight/shape?

On some level you may identify with one of the above statements.

Often we act in a way which doesn't support what others see in us, or indeed we may recognise a behaviour which goes against who we would like to be.

Acceptance is described as the 'WD-40 grease of change.' By accepting and acknowledging a 'pay-off' or reward for unwanted/unnecessary behaviour, the process can be a cure in itself.

For this month's exercise I'd like you to write down three changes you'd like to make in your life — for example:

Desired Change

What do you have to give up or lose to get it?

I'd like to lose 5kg of excess weight

I'd have to give up time in front of favourite TV show and exercise and reduce the amount of sweet and delicious lolly cake I eat.

Next month we'll discover how to make life-altering changes to get those things you want! See you then!

Peter Evans



Corner shops at Barbadoes & Edgware, Part 2

Alternative Essentials

Among the more well-established businesses on the Edgware Road/Barbadoes Street corner, there are a few newer ones that are bringing a more youthful tone to the area. One of these is Alternative Essentials, owned by Philip Capil and Tanya Murray, which has only been open a few weeks.

If you believe in fairies and dragons and enjoy the heady scents of incense, then this is the place for you.

It's a step into another world, a world of Gothic style fantasy clothing and jewellery. So think black and red as predominant colours, satiny fabrics and lots of lacing.

There is also a range of reasonably-priced stockings, some net, many striped. You can buy top hats too—ideal for a costume party—and affordable at \$30 to \$35.

The jewellery is mainly in sterling silver and in keeping with the theme of the shop, pentagrams and crosses are popular designs. There's a brand of pewter jewellery called Alchemy Gothic, and items such as candlesticks from Nemesis Now which feature vines and roses. Philip has his own brand of studded leather collars, wristbands and belts, and also sells the studs separately. The brand is Urban Goth, and the items can also be purchased online.

For me, an ignoramus of the first order when it comes to Goth culture, the highlight of my visit was seeing the angel wings made of real feathers. Tanya said that some people buy them to wear, but others use them as a wall decoration. Check them out at 564 Barbadoes Street, ph: 3857241. (Their website is being developed at the moment: go to: www.alt-essentials.co.nz).

Max Feutz



Suede gauntlets at Alternative Essentials

Ink Grave

Zack, Mike and Mark are joint owners of Ink Grave.

These guys come from an Art School / Graffiti Art background. They were looking for another way of expressing their work, so they chose tattooing.

They set up shop in St. Albans/Edgware neighbourhood for their business as they felt it was the place to be.

Maria Hayward



Art at Ink Grave



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Recording the Assets of our Community

Our community is brimming with knowledge, skills, memories, history, natural features and places. As part of the move towards increasing self-reliance and community resiliency, Transition Initiative St Albans has started a project to record those assets and make the combined knowledge available to the community as a whole.

For this purpose, an extension to the St Albans Community Centre website has been created. This site is put together using Wiki software, with the intention to open the site up for contributions from all community members.

The Wikipedia is the most well-known example of a knowledge repository in Wiki format, editable by users. The St Albans Community Wiki can be accessed on this link: <http://www.stalbans.gen.nz/pm/pmwiki.php> , <http://www.stalbans.gen.nz/pm/pmwiki.php> or through the main homepage at: <http://www.stalbans.gen.nz>

A vast range of information can be stored on the Wiki. Currently, content is organised into eight “groups” (categories): People; Events; Projects; Local Businesses; Groups and Organisations; Places; History; and St Albans News. There is a focus on local people, businesses and organisations that contribute to the community.

If you have information you wish to share within the community, email: wiki.admin@stalbands.gen.nz listing a desired username and password; you will receive a reply email once you are enabled as an editor. There are basic editing instructions on the website, a Wiki “sandbox” where you can practise, and links to more advanced editing instructions. An editing tutorial will be held on the 7th of October between 5.30 p.m. and 7 p.m. in the Computer Room at the Community Centre. Drop by any time during these hours and expert help will be available for those wishing to contribute to the Wiki but who are unsure how to edit, or who wish to advance their editing skills. If you’ve missed this tutorial, please get in touch at the above email address, and we might be able to either give some one-on-one support or organise another tutorial.

Stacy Rendall

Dirty Old Town

When we came to New Zealand in 1973, it seemed such a civilized place. There were honesty boxes, clean public lavatories and very little litter. It was refreshing and wonderful. I remember soon after our arrival we were out walking along a riverbed one day and decided to carry home two stones for our new fish tank. We met a family and their small boy remonstrated loudly, “You shouldn’t be stealing New Zealand.” I have never forgotten his lesson.

Today, parts of Christchurch are a disgrace to the Garden City. Take Edgware Village for example, and along the Edgware Road; it’s time for every one of us to stop and look and feel embarrassed.

Once we have noticed, it is easier to act (go for the walk with rubber gloves and a bag) or even remonstrate directly when you see someone dropping litter. It should matter to us that our village is dirty. We really shouldn’t put up with it.

Peggy Kelly



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A History of the St Albans Swimming Club and the Edgeware Pool — Part 6

In the 1930s a dream was realised following years of anticipation, when the St Albans Bath, funded solely by the St Albans Community, was built on Reserve land given by the Council.

In January 1940, Messrs E Askew and C Wilcox convened a meeting with the purpose as reported in the newspaper, "To develop whatever talent for swimming there is in the young people of the northern part of the city, and train them in lifesaving. A new swimming club, with headquarters at the St Albans Baths, is to be formed." Councillor J D Carey spoke at the meeting and emphasised "the value of swimming in the preservation of health and the benefits of proficiency in lifesaving."

The Christchurch North Amateur Swimming Club was duly formed, with MP Sid Holland elected as Patron; President Dr M Aiken; Vice President the Mayor (R. McFarlane M.P.); Club Captain Mr Rountree; and Deputy Captain Mr Wilcox. Also: Messrs J D Carey; J Cowles; W Thomson; R B Dalley; and D Coffey.

The opening Carnival was held on 17/2/40 with floodlights installed for the event. Mr Anderson, the local butcher, donated a cup for junior girls' diving, and Mr Price donated 10/6 as a prize for the eldest lady to swim a length of the bath. This was closely followed by an inter-club Carnival on 2nd March. Club trophies competed for at this time were the Holland Cup for aggregate points in club and inter-club races, and the Anderson Cup for girls' diving. The old club colours of dark and light blue were retained. A flagpole was obtained from Mr Thomson, and soon a newly designed flag (dark blue oblong with three diagonal light blue bands) was flying during club hours. Boys' and girls' lifesaving teams were established, with Mr Kerr and Miss Briggs as instructors. Two basketball teams were also formed and the council was approached regarding the construction of a court on the unused section adjoining the bath, but this was not to be. Fund-raising ventures began in earnest, and

a raffle was held with "1/4 ton of coal as the prize." The 1940 season was wound up with an Easter social in the Canon Street Hall, a sandwich supper, trophies presented and the coal raffle drawn.

The 1940-41 season started with an election of officers resulting in Mr S G Holland as Patron; President Dr Aiken; Vice presidents Messrs Anderson, Coffey, Cowles and Thomson; the Club Captain Mr Wilcox; Deputy Captain Mr Allen. Local businesses were well represented and very supportive in those days, with Mr Anderson the local butcher, Mr Coffey a local landlord, whose son is still working in St Albans, Mr Cowles the owner of an Edgeware Road soft drink factory (premises still remain at 9 Edgeware Road), and Mr Thomson of Hardie & Thomson which still operates in Colombo Street, St Albans.

The 1940-41 Club's official opening day Carnival was held on 23rd November 1940, with crowd pulling events such as: the greasy pole; egg and spoon race; balloon race; junior and intermediate boys' and girls' races; and open and junior diving. Another inter-club Carnival was also planned for February with a grand list of events: obstacle races; inter-club relays; mixed diving; freestyle; breaststroke; and backstroke. It is with regret that at the next club committee meeting the President, Dr Aikens' resignation was received "owing to his leaving Christchurch on military service."

War intervened in the history of the Swim Club.

It was not until August 1949, that the newspaper reported, "An enthusiastic meeting was held in St Matthews school room for the purpose of reforming the Swim club." "It was a case where children just had their swim, or bathe with no one to coach or teach them to swim." After



Newspaper articles from 1940

a full discussion it was decided to change the name of the club to "St Albans Amateur Swimming Club." An election of officers was held with Mr J Watts MP becoming the Patron; Mr W Cowles President; and "gentlemen of the cloth" well represented by the Rev. C Dodds; Rev. W

Hay; and Rev. Hoddinott as Vice presidents. Club Captain Mr C Wilcox; and Vice Captain G H Clarke. Also on the committee were Messrs D Coffey; A Day; W Thomson; C Lloyd; A Anderson; R Brown; and H Cowles. It is interesting to note that the local business owners—Coffey, Cowles, Thomson and Anderson—were still supporting the Swim Club. Following this meeting the Club Captain Mr Wilcox resigned, became the first Life Member, and was replaced by Mr G Clarke.

The Opening Day Carnival on 19th November 1949, was advertised at the local picture theatre, the Century Theatre, which is now the Edgware Village Supermarket. At the carnival, the Young Cup given by Mr Barter, was awarded for the most improved boy swimmer under fourteen years; and the Dellow Cup given by Mr Dellow was awarded to the most improved girl swimmer under fourteen years. A highlight was a diving exhibition by Mr Sutherland and Mr Begg.

The 1949-50 season continued, with Mr Venning as Swimming Club Coach, and Mr Craig appointed as Caretaker of the Bath with a stipend of £3 pounds weekly. Alterations for the ladies' and girls' dressing sheds began, and showers installed, all carried out by volunteer club members. These were the days before the advent of modern filtration and water treatment technology, therefore the bath needed regular cleaning. Vents were opened on Sunday afternoons to empty the bath then cleaning took place on Monday evenings by volunteer club members. This meant there was no swimming on Mondays. Perhaps there was some compensation, "members of committee have privilege to use the bath on hot nights when closed to public."

An entertainment committee was formed to organise fund-raising social evenings of Housey-Housey, cards, and dances at the Winton Street hall. Raffles were popular money earners with prizes of whiskey, a carton of Greys Tobacco, and a set of ladies nylon underwear. Soft drinks at the bath were also popular sellers priced at 4d and 6d with no returns on bottles.

A diving board was donated by Mr L Donaldson, and a sandpit for diving instruction installed. Coaching by Mr Donaldson and Mr Sutherland commenced and continued through winter. Two water polo teams were formed, and were successful in winning their first two challenges.

A sense of well-being prevailed at the meetings that year, which were held at various committee members' homes and always included supper. The minutes record meetings held at Mr and Mrs Cowles' at 10 Edgware Road, "At this stage of the meeting we were interrupted by supper.

A very welcome interruption though." And at 19 Cornwall Street, "Mr and Mrs Bain supplied a very delicious supper." At the residence of Mr and Mrs Dellow, 170 Springfield Road, "The meeting was adjourned for supper which was very welcome. A hearty vote of thanks at the conclusion of the meeting for a splendid supper."

The new St Albans Club's

first swimming season ended in April 1950, with a social function attended by three hundred and fifty persons for the presentation of trophies, and was reported in the Star Sun, "The President Mr W J Cowles said the Council was well satisfied with its decision to place the baths under the control of the new club." The membership of four hundred, included two hundred and ninety juniors. A healthy membership as the club moves into the '50s.

Valerie Somerville



WORD WHIZZ ANSWER - 3 bindi glass

Bel, berm, bole, bop, bore, brome, elm, lob, lobe, lop, lope, lore, merl, mob, mole, mop, mope, more, morel, olm, ombre, orb, ore, orle, per, perm, poem, pole, pore, pro, probe, PROBLEM, proem, rep, rob, robe, roe, role, romp, rope.

(Reference: www.websters-online-dictionary.org)

Community Notices

St Albans School Market Day. Saturday 1st November, 11a.m. – 1p.m.

Come along and grab a bargain at this fun school and community event. There will be an indoor Kids' Market run by and for children, and a huge variety of outdoor car boot sale stalls including: contemporary crafts; handmade goods; plants; baking; second-hand goods; Avon; toys; jewellery; Christmas gifts; books; clothing; preserves; coffee and cake.

Free entry. All welcome. Location: Sheppard Place St Albans, or come through English Park

If you would like to have a stall at this event, please see the school's website at: www.stalbans.school.nz/ for full details.

St Albans Seed Savers Network

Have you been saving special seeds of a favourite strain of tomato or another crop for years? Would you like to find out more about the ancient art of seed saving?

Transition Initiative St Albans is developing a St Albans Seed Savers Network as part of its food security group. We aim to get a St Albans seed bank up and running and we have the support of the Southern Seed Exchange to guide us with some extra expert knowledge. If you would like to be part of a seed growing and seed swapping group please register your interest with Aynsley Macnab, 980 5584.

Matt Morris

Fair and Garage Sale

St Matthews Church on Cranford Street is holding its annual Fair and Garage Sale on Saturday 18th October. This year it will run from 11 a.m. to 3 p.m. and will feature quality and pre-loved items including stalls with cakes; deli; clothing; plants; books; jewellery; and the usual amazing white elephant and garage sale stalls. There will be games for the kids, a bouncy castle, lunch food and much more.

Remember – Saturday 18th October 11 a.m. to 3 p.m. at St Matthews on Cranford.

Celebrate the Centre's Birthday Party

2:00 p.m. to 5:00 p.m. on Saturday 18th October at the Community Centre, 1047 Colombo Street.
There will be drinks, food, fun entertainment, and other surprises

Christchurch Football Club

Touch Module 2008–2009 Season

The season begins on Wednesday 29th and Thursday 30th October at Christchurch Park. With competitive and social grades for Men's, Women's Mixed and Men's over 35. To register your team, contact: 3851991 ext 824 or visit: www.cfc.co.nz

Community Gardening

Check Community Centre notice boards for future working bee days at old Edgeware pool site. We would love to set up a community composting system here and also at Abberley Park.

Contact ph: 980 5584



43a Edgeware Rd... this was Val, Paul, Ro and Peggy moving soil to prepare for our working bee on Sunday 21 Sept



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Offer ends 20th October

Bring in to claim offer

Election 2008 Meeting

There will be a Candidates' meeting of the Christchurch Central Electorate at:
Church Hall 10 Berwick Street
On Thursday, 16th October at 7.30 p.m.
A community event. All welcome

The candidates are:

Michael Britnell	(Legalise Cannabis)
Brendon Burns	(Labour)
Greg Kleis	(Alliance)
Jan McLauchlan	(Green)
Toni Severia	(ACT)
Nicky Wagner	(National)

Organised by the Social Concern Group of St Albans Uniting Parish. Contact Ernie French Ph: 355 6872

St Albans Swim Club '08 – '09

Swimming Lessons

- Venue: Shirley Intermediate Pool
 - Summer Season – Nov. Dec. Feb.
 - Opening: 10th November
- Mon. Tues. Thurs. Fri. 4.30 p.m. – 6 p.m.
- Wednesdays: Club Swim
 - Enrolment enquiries: Phone: 3556512
 - Enrolment forms: St Albans Community Centre, 1047 Colombo Street, or Shirley Community Centre (Opp. Shirley Primary) or the office at Shirley Intermediate
- Email: paul.valerie@actrix.co.nz

Neighbourhood Week Working Bee, Packe Street Garden

Sunday 19th October 11 a.m. – 2 p.m.
Sausage sizzle lunch provided.
Everyone welcome to come and help make the garden lovely for summer.

A new interpreting service for the South Island

On 30th September, a new not-for-profit service, Interpreting Canterbury, will be launched in Christchurch. This development comes in response to demand from officials, aspiring interpreters, and members of the refugee and migrant communities.

Interpreting Canterbury will be based at the Refugee and Migrant Centre in Peterborough Street. Atena Hensch, an experienced interpreter and translator, is the Interpreting Canterbury Coordinator. Its professional interpreters will be made available throughout the region and around-the-clock, wherever important information needs to be conveyed accurately and fully, to non-English speakers. Interpreters will work in person and by telephone. This can be in local and central government — such as hospitals, health centres, housing, social services, schools, police and courts — or in community service organisations ranging from early childhood to care of the aged.

Contact:

Atena Hensch, Coordinator, Interpreting Canterbury
Phone: 03 372 9311
Email: atena.hensch@interpret.org.nz
Bookings: 0508 INTERPRET (508 468 377)

WANTED:

Administrator with Accounts experience

St Albans Community Centre is looking for an administration worker with accounting experience for 10 – 15 hrs per week, time and days are flexible. For more info contact 374 2465 or email communitycentre@stalbans.gen.nz or post your application with CV to PO Box 21-102, St Albans, Christchurch

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Gree 3.5	\$1500 installed
5.7	\$1850
6.6	\$2250

Mitsubishi Floor and Wall Units 6kW to 9kW
1 x 14kW Heat Pump uses 4kW \$2750 installed (suitable for big rental house)

KOOLCO 366 4703 021 073 8129
A Grade Refrigeration Engineers
Packe St, St Albans

Parkes Claims Christchurch Football Clubs Player of the Year Award

Hadleigh Parkes claimed the clubs Tui Player of the Year Award whilst also being presented the CBS Metro Division One Player of the Year at their recent Awards Dinner on 6 Sep 2008.

Tonya den Baars was awarded the CFC Netball Player of the Year Award.

Over two hundred guests were in attendance including life members, players, administrators, sponsors and club officials at the dinner which celebrates the teams and individuals who have contributed to Christchurch Football Clubs' and Netball Clubs' successes over



the past season.

Held at their Westminster Park Function and Events' Centre, guests enjoyed a sumptuous buffet meal and sponsors' products. MCs Bob Eastgate, Toby Giles and Pierre Gargiulo kept the crowd entertained during the night.

Club Patron and Life Member Alan McCall gave a rousing speech in wrapping up the formal presentations.

To coin an old cliché rugby and netball was the winner on the night with club officials expecting an even bigger crowd next year.

St Albans News Classifieds

TUITION

Clarinet, sax & piano: experienced local teacher. Phone Nicola on 385 6399

English Tuition: Foreign students of all levels. Individuals or groups. \$15/hr. Phone Peter 377 8197

Fairies and Angels from 2 years. Music, ballet, fantasy, fun. Thursdays & Saturdays. \$65 Term. Enrolments phone 021 120 6540 or 379 6305

FRENCH Students of all levels: prepare for exams or holidays. Practice conversation or follow a programme with a native

French speaker. Ph Pascal 385 2483

Guitar Tuition: For beginner & intermediate; up to Grade 5, acoustic or electric, all ages. Competitive rates. Call Stacy – 366 3838 (evenings) 027 304 0617

Piano, keyboard and pre-school music at the Red House Music Studio. 101 Holly Road. Phone Danielle 355 1920 or 027 434 0015

Yoga: St Albans Community Resource Centre. Tuesdays 10-11.30am. Friendly, relaxing class, well suited to mature figures. Phone Pauline on 980 8760

St Matthews on Cranford # 145

A church "in" and "for" the community.

Traditional Prayer Book Service
Sunday 8:45.

Informal Service with "Real Time Kids"
Children's programme @ 10:30.

Phone 355 7004.
email: stmatt@paradise.net.nz

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355 0684 or 0274 396 396

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www.thenannycompany.co.nz

St Albans News Classifieds

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Aakland Carpet Cleaning: Super cleaned from \$15/room; standard clean from \$10/rm, economy clean from \$8/room. Over 20 years experience. Ph. 388 3314

Accountant: Working from home in St Albans area. Self employed accounts, rental properties, GST and tax returns etc. Excellent references available. Phone Susan Ayton on 980 7334 or email taxayton@paradise.net.nz

Administrator with Accounts experience. St Albans Community Centre is looking for an administration worker with accounting experience for 10 – 15 hrs per week, time and days are flexible. For more info contact 374 2465 or email communitycentre@stalbens.gen.nz or post your application with CV to PO Box 21-102, St Albans, Christchurch

Artist seeks work space like unused garage, room, or other area. It needs to be free of charge, or very low rental. I can work in exchange for rent. Ph David. 356 1280

Books: St Albans Community Centre is looking for any type of book which is in good repair, to be used in our current library for our drop-in area. Phone 379 6305 or drop off at the Centre. Thank you

for all the contribution we have received!

Buddhism and Meditation. A set of Wednesday morning classes. Avebury House-Cora Wilding Room, 9 Evelyn Couzins Ave, Shirley. Wednesdays at 10am-11.30am. 1st, 8th, 15th and 22nd October. \$10 suggested donation per class. All Welcome. Contact Centre for further information Kalpa Bhadra Buddhist Centre. 03-332 2076 email: info@meditateinchristchurch.org www.meditateinchristchurch.org

Celebrant available for your marriage, civil union, or other ceremony. Ruth Gardner, phone 03 365-6943, www.ruth.org.nz

“Celebrate the Centre’s Birthday Party” from 2:00 p.m. to 5:00 p.m. on Saturday 18th October at the Community Centre, 1047 Colombo Street. There will be drinks, food, fun entertainment, and other surprises

Classifieds: 25c per word, prepaid. Deadline for the next issue is 16 October.

Computer Guru: Highest quality computer servicing, fixing all hardware/software problems, installations, advice and more. Servicing St Albans for three years, now expanding. Call outs start at \$40/hr. Offsite repairs \$20/hr. Phone 379 3061 or 021 0243 7398, or pcguru@orcon.net.nz

Computer Problems? I do trouble shooting, virus and malware removal, pc optimisation and cleaning. Improve the speed and

performance of your computer. Do better email and internet. Some free software. Backup documents, music, videos etc. Tuition provided. Low rates negotiable. Phone David, 356 1280 or email, davidmackenzie@clear.net.nz

Divine Massage: Deep Tissue /Therapeutic Massage & Acupressure. Yvonne – Diploma (Ad.C.M.A) BSYA Queensland, welcomes new clients. Phone now for appointment 382 9569 or 027 617 3179

Electrical: Bright Sparks Electrical Ltd. Registered tradesmen. Call Peter at 027 572 8864 or 382 5824 (after hours)

Electrician: registered tradesman. Accredited Heat Pump installer. Domestic & Commercial Local rates. Call John: 021 232 1173

Flatmate wanted. St Albans/inner city – mature to share with 3 others, furn/ unfurn \$120/\$100 + \$30 exp. Broadband, dishwasher, warm comf. char. home with small garden. Ph 379 4184 or 027 228 7000

Furkids Doggy Daycare: dogs get stressed and lonely by themselves. Socialisation also improves behaviour. Ph 372 9253 for more info.

Hairdresser: long lasting shiny haircolour, organic based, ammonia free. good for you, good for the environment! Great haircuts. Tracette, 80 Derby St, ph 3796368

Holiday Accommodation: Fully furnished country houses North Canterbury (Amberley/Waipara and

Waiu/Hanmer) 027 434 0015

Housecleaning job in St Albans wanted by honest efficient and reliable lady on a weekly basis. \$25 per townhouse/flat. Excellent references available. Phone Nicola 386 1118

Housecleaning: Honest & reliable \$15 per hour. Phone 356 1353

Housekeeper requires cleaning job. References available, competitive rates. Phone 027 2066844

Ironing: \$20 per hour. In your home or can collect in St Albans/Merivale area. Ph. Janis 355 9034

Painting & Decorating: Qualified Tradesman, 20 years experience. Internal external plastering. Free quotes. Locally based. Ph. Mark on 355 7670 or 0274 343 300

Painting & Decorating: 10 years experience. Guaranteed quality work at reasonable rates. Ph 027 294 8277

Roofing: New Roofs, Repairs, Maintenance, Parapet Flashing, Free Advice. Ph. Clinton 366 6019 or 027 220 1982

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**THE FAIRY
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(18 months – 6 years)

Thursday & Saturday mornings
Tuesday afternoons
St Albans Community Centre
1047 Colombo Street
Enquiries to Pamela – Phone 3796305
or 021 1206540

Edgware Bowling Club

New members welcome.

Come and enjoy the company, competition
and fresh air.

We are at
St Albans Park
Forfar Street

Enquiries : Phone 366 2160.

The Fairy School of Dance and Music

Pam, the School's Director, has taught, examined and adjudicated students of Ballet and Dance in Christchurch, Australia and Hong Kong for the past twenty years, and more recently has opened The Fairy School of Dance and Music, at the St Albans Community Centre.

This unique school has been developed following intensive planning and preparation. Classes have been designed to cater exclusively for the very young child to bring forth their creative potential through dance, education, movement and music...and fun!

"Fairy Dance" is a magical experience for toddlers, pre-schoolers and new entrants who love to use their imaginations naturally while blending fantasy and reality. Dramatic play enhances social, psychological and cognitive development, while dance develops basic motor skills, co-ordination and balance.

Careful training and special care is given to every fairy!

Small classes are held Tuesday afternoons, Thursday and Saturday mornings, and are in high demand. Enrol for Term 4 for these enchanting classes by phoning Alison at the office: 379 6305 or Pam: 021 120 6540.



Quotes of the Month

"We must use time wisely and forever realize that the time is always ripe to do right"

"There can be no keener revelation of a society's soul than the way in which it treats its children"

Nelson Mandela

*The great man has just celebrated his 90th
Birthday*



**Saturday 1st
& Sunday 2nd
November**

Next to English Park
at 115 Cranford Street

Saturday Fun Day 10am - 2pm

Lots of Fun for all ages (Part of the CCC Neighbourhood Week)

- Bouncy Castle • Cranford has Talent Competition
- Face Painting • Football Skills Competition • Great Food

Also... the café will be open serving freshly brewed coffee and yummy eats

Sunday

King's Church welcomes you to the official opening of the Cranford Centre at 10.30am

The event will be followed by a shared lunch

You are invited...

King's Church
kingi whanau

**The St Albans News relies on
your contributions. Please send
us your articles, letters and
notices. The deadline for the
November issue is 16 October.**