

August 2010



Highlights

What you eat -
part 2
page 4

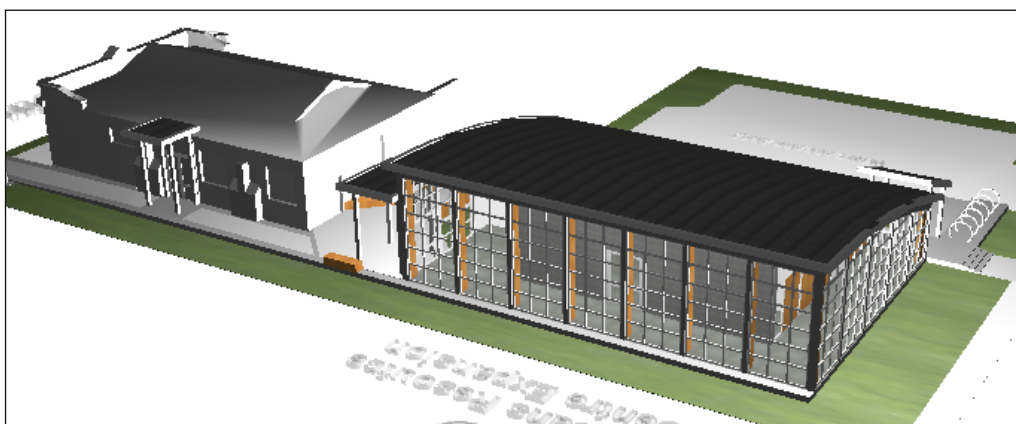
Edgware
Bowling Club
page 6

Graffiti Busters
page 7

Young Writers
page 9

Swim Club
History - part 12
page 10

St Albans Community Centre Expansion



The Christchurch City Council is seeking input and feedback on its initial project design for the extension to the St Albans Community Centre. There are several steps in the community consultation, which started late last month with a stakeholder workshop for current users of the centre and providers of similar facilities in the area.

There will be a public drop-in session at the centre on Monday 16 August from 4.30pm – 6.30pm, where people will be able to look at plans, hear more about the facilities to be offered as part of this project, and to offer their feedback on all of this.

“We are explaining some of the parameters of the project and also listening carefully to what people think about the plans we have developed so far,” says the Council’s Community Support Manager, Carolyn Gallagher.

Although there is only a very small

section available for building, it presents a fantastic opportunity for St Albans and its community groups to get a tailor-made new facility that responds to the needs of the community.

Information about the project is now displayed on a noticeboard at the centre and on the Council website – where there will be opportunities to lodge feedback till 27 August. As new information becomes available, it will be displayed in these areas.

Following this consultation period, the project team will proceed to a detailed design, seek a resource consent and put the project out to tender. It is hoped to have construction underway in about a year’s time, and for the new building to be in use by April 2012. Please use this opportunity to get involved the process of creating this new centre!

<http://www1.ccc.govt.nz/HaveYourSay/>

continued on page two

Chair Chat



The St Albans Residents Association was delighted to host the Minister of Social Development, Paula Bennett when she popped in for a visit in mid July. She seemed to enjoy making contact with the community and seeing what we get up to at the Centre. She was keen to know if Bill Demeter attended the Fairy Dance lessons also. She was particularly delighted to meet our very own Community Max worker, Aidey, as this was a scheme she had personally advocated to have established.

I had also met with her earlier in the day in my professional capacity, working in a non-governmental social service. It was great to discuss the value of community centres, such as ours, as a vital part of the continuum of care that a healthy community is able to offer its citizens and to complement the social service sector. Minister Bennett said she wholeheartedly agreed.

I was excited to take my first peek at the CCC's proposal for the new community centre extension recently. I encourage you all to pop into the community centre to view the plans on the noticeboard. We have put forward a number of ideas and although some have not been able to be included, the new building will be

a great asset and will increase our ability to serve the community, which is really pleasing.

A resounding vote of thanks is due to all of the excellent supporters of our recent fundraising raffle. We were able to offer some great prizes thanks to the generosity of many local businesses. Of course, all of the ticket buyers were essential to the process and I congratulate our very happy prize-winners. Thanks Emma, for your hard work organising the raffle.

I had the good fortune to attend a talk given recently, at the Restorative Justice AGM, by Dr Kevin Clements, where he spoke of the work of Benjamin Barber. Barber speaks of the challenges to the development of community spirit when we are increasingly governed by our impulses, where feelings dominate over thinking, where 'me' overrides 'us', where 'now' dominates 'later', where 'egotism' dominates 'altruism', where 'entitlement' dominates 'responsibility', where 'individualism' dominates 'community' and where 'private' dominates 'public'. Science is able to prove that humans are hard-wired for connection, despite these societal trends, and therefore the radically individualistic philosophy creates pathology. In other words, individualism makes us unwell. I found that a good challenge to ponder in my own life.

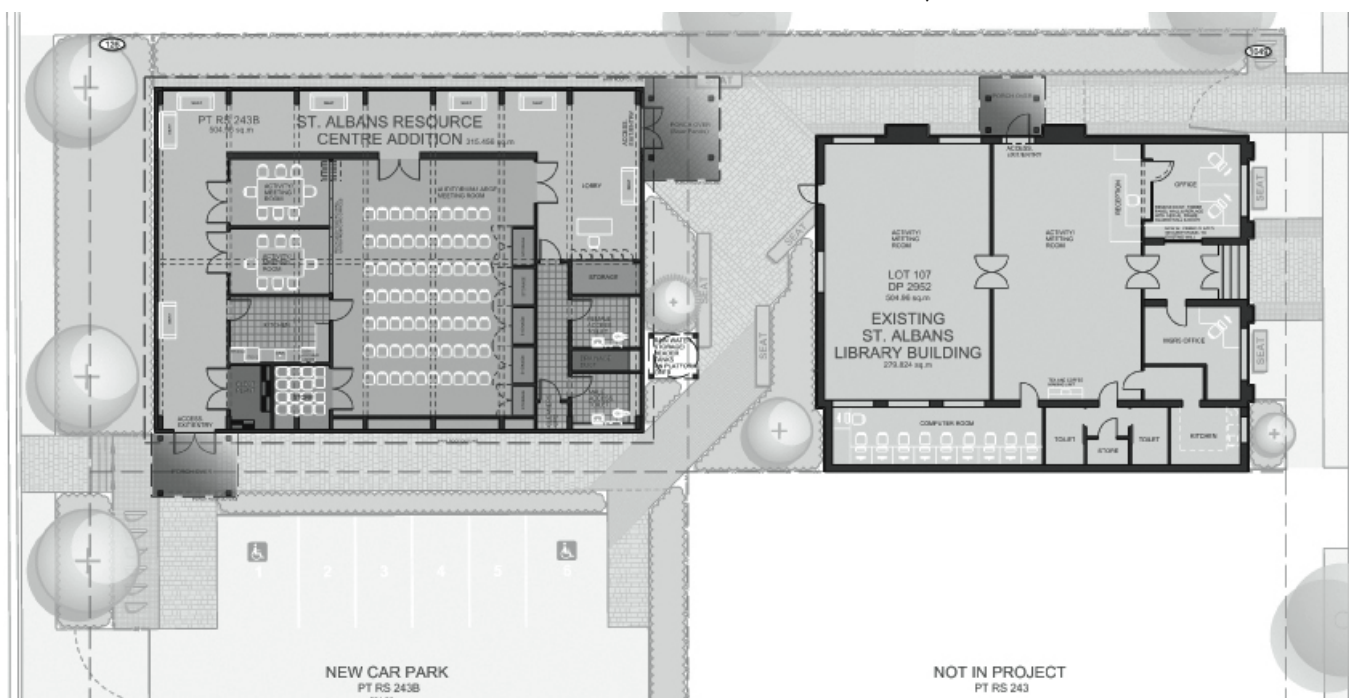
Have a great month despite the awful, chilly temperatures.

Heoi ano

Maggy Tai Rakena
Co-Chair of the St Albans
Residents' Association

continued from page one

The Christchurch City Council's initial project design for the extension to the St Albans Community Centre





Commentary by Timothy Weir

At Delta Community Support Trust we have been working for 15 years now, seeking to make community count for those experiencing financial difficulty, personal hardship, isolation and disability. Our focus so far has been on achieving this through promoting positive relationships and personal growth. In recent years, we have been reflecting on the need to address structural issues that marginalise people from being able to participate in community life. It is clear that we need to be actively engaged in, and concerned for, local democracy if we are to have and protect our ability to determine the character of our communities; who and what they value.

Our general lack of participation in local body elections gets me thinking about what stops us from getting more involved? This disengagement is not limited to expressing our right to have our say but extends to involvement in anything labelled 'community'. Robert Putnam is credited with making famous the term 'social capital' that seeks to describe what could essentially be understood as the strength of community. He showed that in the USA community has been steadily declining since the 1960s. Intuitively, we all sense that Aotearoa New Zealand's experience is exactly the same. Why is this the case? Putnam showed that the reasons for decreasing social capital are complex. My gut feeling, though, is that it comes back to economics. Currently our economic system seems to produce this pressure to work ever-increasing hours or to despair and resign oneself to the growing majority going without and living in poverty. Both scenarios appear to contribute to declining voter turnout and weakening community. But we must resist the replacement of community by the market economy. The market economy has a place, an important place, but it needs to be kept in balance.

The prioritisation of economic growth leads to a feeling where community counts for nothing. It's like anything that can't (and shouldn't) be valued in monetary terms doesn't count at all. Yet community, not money, is the stuff of life! This election I encourage you to vote for candidates who demonstrate that they count community first. Vote for, and support, those who view the market economy as a tool for community, not the goal in and of itself. I feel that we have lost sight of the end goal, gotten preoccupied with the means to get there and ended up missing the point.

Delta Community Support Trust is taking a small step refocusing our values on community by encouraging participation in the coming local body elections. We're organising to have people available at our 'Delta Inn' Friday community lunches to help people enrol to vote. We are going to hold a mass vote where we will all walk down together to post our voting papers at the local Richmond Village Book & Post Centre.

What are you going to do?



Timothy Weir is Services Coordinator of Delta Community Support Trust: www.deltatrust.org.nz



St Albans
Community Centre

Te Pokapū Hapori o Hato Ōpani

Community Centre Notices

Community Counts Column

I'm pleased to announce to you that I've declared myself a candidate for the city, with the intention of representing our community as a city councillor from October onwards. For ethical considerations I've decided to not write this column during the election campaign and have invited guest columnists for the next three issues.

Christoph Hensch

Funding Acknowledgement

We thank the Christchurch City Council for granting \$40,000 towards the salary costs of the staff employed by the St Albans Community Centre.

We would also like to thank the first donor who signed up to a regular fortnightly contribution through the payroll giving system. If you would like to know more about this new scheme, supported by the IRD, please just call us on 374 2465.

Residents' Association Meeting

The next meeting of the Residents' Association will be held on 14 September at 7.30pm at the St Albans Community Centre, 1047 Colombo St. (379 6305)

St Albans News, August 2010
Vol. 17, Number 6, Issue No. 184

The St Albans News is a community newspaper. This newspaper is delivered monthly, and is free to over 8500 homes and businesses. All contents are copyright by the original authors. Please acknowledge the source of any excerpts as the St Albans News.

Send your news contributions and adverts to:
St Albans News, P.O. Box 21-102, Christchurch

Email: news@stalbens.gen.nz
Phone: 374 2465 or 379 6305, fax: 374 2467
Website: <http://www.stalbens.gen.nz>

Editor: Christoph Hensch
Board Delegate: Bill Demeter

Design, layout, advertisement design: Maria Hayward

With regular contributions from:
Maxine Feutz, Hilaire Campbell, Bill Demeter, Maggy Tai Rakana, Doug Craig, Hilary St John and others.

The opinions expressed in this publication are solely those of the authors and do not necessarily reflect those of the St Albans Residents' Association.

You Are What You Eat – Part Two

By Bill Demeter

In the Part One (St Albans News July 2010), we discussed how difficult it is to get clear and accurate information about where our food comes from and what it contains. We also discussed the astonishing fact that New Zealand imports \$3 billion worth of food from foreign countries per annum. New Zealand imports more food per capita than many of the developed countries in the world.

I received several calls asking me to revise my figures of \$3 billion of imported goods to more accurately reflect newer and more up to date figures. I have done so and the figures show we imported food worth \$4 billion last year, not \$3 billion. These imports come from about 145 countries many of which have little or no rules regarding food safety. Instead of \$750 per person the new figure

is \$1100 per person.

If we listen to the farm lobbyists in Wellington our sacred mission is to the 'feed the world', or 'provide high quality food products to other countries'

or 'grow rapidly our food export sector'. Fair enough, exporting food is a good thing but not at the expense of importing questionable food from countries with less than acceptable food standards and then be further insulted and demeaned by successive New Zealand governments who hide this from their own citizens by refusing to adopt sensible food labelling on imported food.

The current government will not even allow us to know if we are eating genetically engineered foods. We are not allowed to know if our food contains palm oil. We are not allowed to know if our food contains trans fats.

Sue Kedgley, of the Green Party, is quoted on their web site: "I asked the NZ Food Safety Authority why it opposed

this (labelling of trans fats) the other day and they said it was because naturally occurring trans fats are present in milk, and so they are worried that if it was declared on a label it might put us off our milk." How silly of Sue to ask such a question about the sacred subject of milk.

What should we do to get proper and complete labelling of our food? Sadly, there is very little we can do at the central government level. Both Labour and National have adopted a policy of 'ignorance is bliss' regarding labelling and have not shown any desire for proper labelling. The only party that seems to care is the Green Party and they have no significant power in Parliament.

What we can do and what will have a positive impact is to try and follow some simple and easy rules. Promise yourself and your family:

1. I will NOT buy any product where the ingredients and country of origin are not clearly marked on the package.
2. I will NOT buy any milk that is labelled and contains milk solids.
3. I will NOT buy any foreign product if I can find a domestic New Zealand product to take its place.
4. I will NOT buy any seafood product unless it tells me where the product was caught, which country caught it, and where it was processed.
5. I will take the time to tell the store manager which products I DID NOT BUY because of the lack of proper labelling.

You are what you eat is not just a silly saying. People who eat safe and healthy food live longer, get sick less often, and lead better and more productive lives. If your government won't help, don't use that as an excuse. Help yourselves by following the five simple rules listed above.

There are three kinds of people. Those people that make things happen, those people that watch things happen and those people that say: "What the Hell happened?" Please be a person who makes things happen.

Photo by Jane Demeter

✍

The Korean Presbyterian Church of Christchurch aims to

- Achieve our dreams to immigrate & study abroad
- Educate people with talent
- Become a Base Camp for World Mission

Church Services

| | |
|------------------------------|----------|
| Sunday morning service | 09:30 am |
| Sunday main service | 11:30 am |
| Dawn service (Tues-Fri) | 06:00 am |
| Youth group service Saturday | 06:00 pm |

Nicky Wagner

NATIONAL PARTY MP

I have moved - Do come to visit my new office at 222 Bealey Avenue

chchoffice@nickywagner.co.nz

Ph: 03 365 8297, 222 Bealey Ave, Christchurch



National
www.national.org.nz



Do Party Buses Encourage Binge Drinking?

By Hilary St John

Recently party buses have come under heavy debate, with the bus owners fighting to appeal a liquor law that will forbid them to operate without a duty manager on board. This means no BYO alcohol, with the hope that some teenaged binge drinking will be brought under control.

At the moment, party buses are operating on special licences that are due to expire soon. These special licences do not comply with the expectations of the Liquor Licensing Authority, as they have been said to encourage binge drinking – resulting in abusive behaviour and an unsafe environment for New Zealand's teenagers.

This view is supported by the Christchurch Police and the Christchurch City Council, who have concluded that “the aim of a night out on a party bus is to get intoxicated.”

Raajew Singh, owner of the Texas Party Bus in Christchurch, disagrees with party buses being unsafe. “Bus trips can be a lot of fun, if they're handled properly, if they're looked after properly, just like a normal bar.”

The Police believe that it is obvious that they are not being handled properly. There have been a large number

of incidents reported in Christchurch city, involving party buses, often including assaults by drunk, aggressive youths. Nobody on board monitors the teenagers, except for the driver who is obviously going to be preoccupied. At the end of the pub crawl the buses leave a group of drunk, and sometimes out of control, teenagers in town at night. So, why shouldn't they be banned?

Gemma, a Christchurch teenager, believes that party buses should not be banned but would support a change of rules if it meant that party buses would be safer. “All the bus trips I have been on have been safe enough. Of course there is always going to be one or two idiots who take it too far but why let them ruin everyone else's fun?”

Party bus trip operators still insist that this is a safe activity, especially Mr Singh who has specific passenger rules including: no smoking, no fighting, finger food must be available to passengers on the bus, and a limit of four to six drinks (containing less than five percent) per passenger.

These laws are not being put in place to stop teenagers from having fun, but to encourage them to do so safely without binge drinking.

✂

Make Your Mark On Our Money

By Ian Burn

Pegasus Exchange is a means of trading goods and services without having to use \$NZ. has been set up by Cantabrians for the benefit of people, community organisations and small businesses in the area.

They are looking for ideas from locals about what to put on Our Money. Designers, artists and anyone with a good concept and the necessary skills are invited to put forward a proposal for the look of the Pegasus Exchange Vouchers (like bank notes) to be launched in November.

Christoph Hensch, a Director of Pegasus Exchange sees

this as “a great opportunity for both new and established artists and designers to raise their profile in Canterbury.”

Pegasus Exchange operates both as a paper currency and through its website www.pegx.org.nz, which operates like a cross between a Trade Me type site, and an online bank.

While the website is a key part of the Pegasus Exchange, it is the vouchers that will be the public face of the currency. For more information about Pegasus Exchange or to submit an application please see www.pegx.org.nz or call 366 9971.

Brendon Burns

Member of Parliament
for Christchurch Central

Contact my electorate office
Monday-Friday, 10-4pm
Level 3, 103 Worcester Street
Phone: 377 8840

Working for your future



tracetteowers hairstyling



- ★ Gorgeous Blondes
- ★ Stunning Redheads
- ★ Breathtaking Brunettes

- ☐ Organic colour specialist
- ☐ Ammonia free products
- ☐ One-on-one
- ☐ 10th cut and colour free
(special conditions apply)

Sulphate free hair care products ★ 30 years hairstyling experience

80 derby street | christchurch | 379 6368

The Edgeware Bowling Club (Inc)

By Kevin Dolean

Behind the green tin fence on the northeast corner of St Albans Park stands the Edgeware Bowling Club (Inc), established in 1909.

From the building of a green and a small building to house implements till the present day, many improvements have been made, so we now have two top quality greens suitable for play of top standard, a very comfortable pavilion housing a winter bowling

area/dining room, a social room and bar as well as other buildings for machinery and players requirements. These facilities are equal to the best and better than the rest of the clubs in the country.

Over the past century, membership numbers have fluctuated from approximately 150 to the present 50. During the summer season players from all over the Canterbury province use the greens for interclub and organised competitive bowling up to an international standard. During the winter, our indoor facility is used most days for competitive and social bowls. In fact, more bowlers use the facilities in the winter than some summers. The club is indebted to members of the past, who built the winter facility, as the club is one of the very few with facilities of this nature in Canterbury.

The Edgeware Club is a community-based club catering for players of both sexes. The Edgeware club, which amalgamated male and female bowling groups in 1999, was one of the first clubs to do so.

Players have been to the fore in national, provincial and local events and presently hold our own in some local competitions. Lately, our Juniors have been successful in centre competitions. The last NZ Champion was in 1946 when J S Martin won the Men's Singles.

Membership of Clubs throughout the country has been declining and this has affected us as well. In order to increase the popularity of bowls, many changes to the rules with regard to dress, equipment and membership have been made. White clothing is now no longer insisted on and coloured sports clothing is encouraged but bowlers must still wear flat shoes to avoid damage to the greens.

A recent innovation, which has added a more colourful outlook to the game, is the introduction of coloured bowls.

Strict rules regarding who can use the greens have been relaxed and social bowls is encouraged. Clubs have now opened greens up to non-members and corporate organisations. Neighbourhoods, commercial firms, street parties, etc are enjoying

the use of the greens at a small charge and the club facilities are ideally suited for family groups of all ages.

A programme for new members and also for organisations or individuals is underway and will continue over the coming months.

For people wanting to give it a go, the winter pavilion is available is available every day. Everything is provided – all you need is flat shoes, even slippers are suitable.

Bowls is not a difficult game to learn and is enjoyed by people of all ages. It is healthy, played out in the good fresh air and with the sun on your back. It is as competitive as you like, fun and above all offers good companionship.

Contacts for membership and social bowls: Ken Murray (Vice President) and Rose Alabone (Secretary) - phone 354 1381, George Uitslag (President) – phone 352 1590. Or pop into 6 Forfar Street anytime the gates are open – phone 366 2160

Photos by Maria Hayward



Call the Graffiti Busters

By Jackie Walker

Enjoying a bike ride up Hills Road one winter's day, I was really struck by the amount of graffiti on people's fences, on bus stop seats and on commercial premises. This 'urban urination', where people 'mark their territory' reminded me of ghetto areas in America and in poor suburbs in South Auckland. What's happening to our St Albans, Edgware and Shirley area? Does nobody care enough anymore to report graffiti on their property to the Council? An email to the Christchurch City Council Graffiti Office provided me with an avenue to report 24 instances of tagging on Hills Road and four examples on Warrington Street. This graffiti was removed within two weeks and Hills Road now looks 'cared for' again.

Claire Milne, the Graffiti Office team leader, provided some great information on how the Council is trying to address the crime of graffiti vandalism and how we can support their work. The Council can't remove graffiti unless they know about it, so a phone call to 941-8666 or an email directly to CCC_customerservices.govt.nz will get the Council contractors on the job. It can be removed if it's on CCC property, public space (e.g. road signs, parks, toilets) and on private property that borders public or council property. As graffiti is a crime we can report it (also if we see someone tagging) by calling the police on 111 and this highlights a growing issue. Offenders who are convicted are usually referred to the Graffiti Office to spend their community

service removing tagging, a process of restorative justice that sends a clear message that graffiti is not tolerated.

Did you know that the Council supports 'Off the Wall'? This is a citywide initiative where people can join a volunteer graffiti removal programme and gain on-going support to act against graffiti. This might involve proactively reporting graffiti or working with others in



the neighbourhood to promptly paint over this vandalism as soon as possible. There are currently more than 300 volunteers across the city, but more are welcomed. Through this programme, you might like to 'adopt' a local building or fence that is constantly tagged, to keep up pride in your neighbourhood. For further information email the Volunteer

Programme Coordinator at offthewall@ccc.govt.nz.

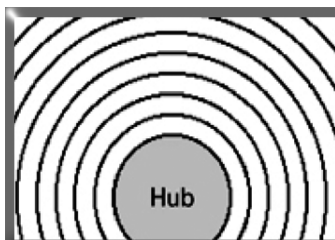
The Neighbourhood Watch concept has been very successful in reducing crime in our communities, so if each of us helps with 'Graffiti Watch' and reports graffiti on our fences, or in our street, to the Council, we can keep pride in our community. Tagging is vandalism, it denigrates the value of our properties, it reduces pride in our area and sends a message that our community isn't valued or safe. Let's do our bit, however small, to show our ongoing commitment to our area of Christchurch and encourage our children to do the same thing. Could you join me and be a graffiti buster?

Photo by Maria Hayward

CATS on CRANFORD

(Next door to St Albans Vet)

102 Cranford Street
Phone Rebecca
355-6743
Inspection welcome



SHOP LOCALLY

St Albans Pharmacy

Your Pharmacy on Hand

- ✱ Personalised Pharmacy Healthcare - helping you make the most of your medicines
- ✱ Health and Beauty Products
- ✱ Gifts for any Occasion
- ✱ Open 6 days including Saturdays 10am to 3pm
- ✱ Shop Online @ www.pharmacyonhand.com

1073 Colombo Street, Edgware Village
Phone 366-0404

Participation, openness,
accountability, responsibility.

JANE DEMETER
City Council Shirley Papanui

www.janedemeter.org.nz
Authorised by Jane Demeter, 117 Champion St, St Albans, Ph 365 2399

St Albans Dental Centre

by Hilaire Campbell

Everything attracts the eye: the curve of the building, the texture of the plants, their colour and variety. But what you notice first on this busy stretch of road is the toothbrush; it's a giant. At least as famous as Rakaia's salmon, it has clean, gleaming surfaces and fluorescent bristles that light up the sky. "We wanted our symbol to be positive, one that implies prevention," says Peter Platts, the practise owner. "Others have a tooth for a symbol, but it's already out of the mouth, isn't it? That's counter to our philosophy of a healthy smile for life," he says. "It's what we aim to maintain. Mine will go with me to the grave."

Modern dentistry makes everything possible: preventative techniques and computerised robotics like Cerec, which make ceramic fillings and crowns on site, aid the reconstruction of teeth. "But we never discard any part of the original tooth that's still good," says Peter. "We don't do dentures any more; we are too busy restoring."

The wheel has turned, but in the old days people got their teeth out early; women who wanted to look good on their wedding day, "or wanted to save their husbands money," adds dentist Jo Walker. "Yes," says Peter, "they had more to spend at the pub."

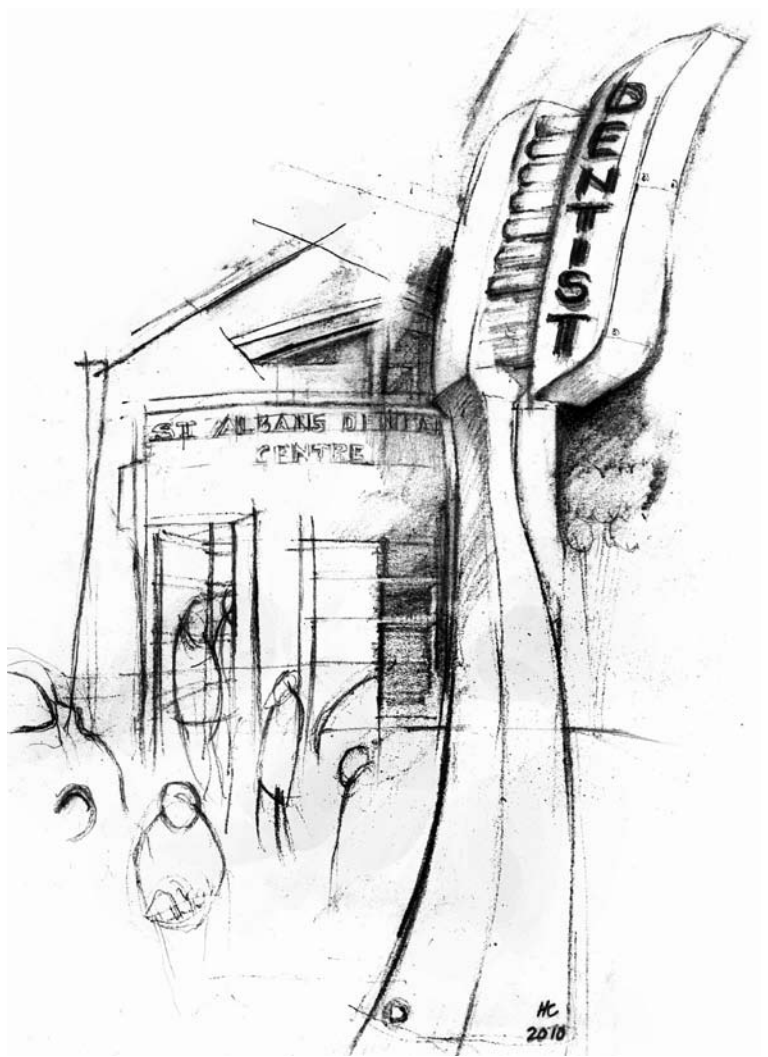
Peter's own story chimes with any baby boomer who remembers the murder house – the noise and pain, the suffocating net curtains. "We wanted a building with a welcoming interior. Erin (Brookman, designer) has done it well." Duck egg blue with warm browns in the waiting room, fun shapes, and a moon size mirror by the door – "so you can check there's nothing in your teeth," she says.

The St Albans Dental Centre was built in 2000; architect John McKenzie vacated early, Peter says, to pursue a yachting project. "But I'm happy with the building; it's just what I wanted. I've always liked sitting in the garden, so I've got views from each surgery to water fountains set in native lilies and ferns." It's a far cry he says from the building he started in next door in 1986. "It was a classic. It had green tinted bubble glass and looked forboding.

"Jack Hayman the dentist was in the front, with Dr Cleveland Shepherd behind – he delivered half the neighbourhood. Jack's patients had to troop through Cleve's examination room to get to the outhouse

"Rumour has it Jack liked a cigarette; he always lit up when he repaired dentures. The smoke drifted from his little alcove and settled on the patient waiting in the chair."

St Albans Dental Centre has four busy surgeries, one of the biggest in Christchurch. It has nearly 8000 listed patients, from St Albans mainly, but some are from the




Coast. They represent every socio-economic group.

The practice supports fluoride. Jo Walker says Christchurch has some of the worst decay in New Zealand. "The photos on the cigarette packets aren't touched up; we see mouths just like that. The sad thing is that it's so preventable."

First check up, they say, should be at two years of age. This is done through Plunket, who advise gently cleaning teeth as soon as they come through, and letting the baby have a go as well.

"Elderly patients are our biggest issue," says Jo Walker. "People keep their teeth longer, but restoration is complex and their needs are expensive." However Peter warns against seemingly cheap dentists; "some advertise discounted check ups and x rays, but the cost of treatment can be higher."

You can see the staff line-up on the web: five dentists, eight assistants, plus hygienists and receptionists; they look very friendly, all smiling in a way I'd never dare.

PS: Even the giant brush gets a scrub now and then. Regular examinations by Signtech include checking for cracks and replacing bulbs. It's all about prevention. 

Young Writers on the Go in St Albans

by *Glyn Strange*

Last month, St Albans News featured two young poets from Mairehau Primary School, who had worked with the School for Young Writers. I write firstly to correct a misapprehension. These youngsters had worked only indirectly with me in my role as director of the school. They were tutored by former St Albans resident Jason Clements, one of two tutors involved in presenting the workshops. The other, Elizabeth O'Connor, currently lives in St Albans.

The Workshops in Schools scheme, supported by the Canterbury Community Trust, sends tutors out to work with groups of specially-chosen young writers in primary, intermediate and secondary schools over a wide area. In and near St Albans, we have worked with Mairehau High, Mairehau Primary, Our Lady of Fatima, St Albans, Heaton Intermediate, Shirley Primary, Shirley Intermediate and Christchurch East Schools so far this year. Other schools are invited to join the fun.

Tutors have worked on short fiction, character development, descriptive prose, radio plays, poetry and songs. Poetry, being short, is the most readily quotable genre. Often poetry workshops begin with the short Japanese haiku form, to focus children's attention on their surroundings and on how to use the imagination.

Amberley Wells of Our Lady of Fatima School, for example, throws new light on a cold winter's morning:

the students waddle
across the frosty paddock
penguins slide on ice

Observing the numbers on the classroom walls at Shirley Primary, Dawn Pirika Coburn wrote:

classroom buildings
count backwards
space shuttles blast off

Even an empty whiteboard provides inspiration, as Christchurch East's Xian Li shows:

the clean whiteboard
reminds me of endless
hospital hallways

From here, group members move on to longer works using the same skills. When they want to tackle subjects beyond their knowledge we show them the importance of relating ideas to what they know. For example, Mairehau High's Kimberly Simpson writes about war:

A girl draws pictures
of soldiers shooting

sniper rifles perched
in church steeples.

The sound of her pen
clicks like bullets
echoing in her granddad's mind.

A hall of faces
returns in his memories,
images of war
haunting peace.

The best pieces are published in the School for Young Writers' magazine *Write On* (subscriptions welcome – contact us at youngwriters@xtra.co.nz), but the children's success does not stop there. Good judges of literature around the world often ask if they can republish items from this magazine, the most recent example being for pieces by Jake Jeffries and Pippa Wipperfuerth (formerly of St Albans School, now at Heaton and Shirley Intermediate respectively) to appear in an English language magazine in France.

There are also weekly classes for those who catch the writing bug. At present these run on Saturday mornings (10.00 – 12.00) and Tuesdays after school. We can establish after-school classes on Wednesdays or Thursdays if there is demand.

For teenagers, the School offers a nationwide competition called "Re-Draft". Each year, this attracts the top writers in this age group from all over New Zealand as well as overseas and competition judges Tessa Duder of Auckland and James Norcliffe of Christchurch are always astounded at how mature the writing is. These are teenagers writing at adult level, but still with the clear-sighted courage and pizzazz of teenagers.

Each year the title of one Re-Draft entry is chosen to provide the title of the whole collection, and in 2009 local girl Rosie Bolderston of St Margaret's College won this distinction with a poem titled "Fishing for Birds":

Men cast their lines
into bare shadowed oaks
small threads of nylon
connecting them to the sky

These are the times
that try men's souls

Catching sparrows
they pluck their thoughts from heaven
a clear autumn day
no water in sight

There are exciting emerging writers in and around our suburb, and we are always pleased to share their work with readers of St Albans News. Equally, we welcome new members and enquiries from schools. You can contact the school on 355 3588.

The History of the St Albans Swim Club & the Edgeware Pool 2000/6 — Part 12

By Valerie Somerville

The new Millennium was to be a defining one for both the Swim Club and the Edgeware Pool. While the 1930s saw a period of enthusiasm, with the Club and community raising the funds to build the pool and congratulated by Council, the new decade was to see the Clubs assets, which had been built up over the previous 70 years, destroyed by a Council and Community Board out of touch with their community. There are still many unanswered questions.

The 2000/01 season was business as usual for the Swim Club preparing for the new season with Brian Gardner as Club President and Christine Riches as Treasurer. The Club room was redecorated, with floors polyurethane and walls painted. The pool and buildings were also painted. Compliments were given to the way the pool and surrounds looked to begin the new season and appreciation voiced from the community to all those who put in so many hours painting and working towards this end. Later starting times forced by Council and two swim coaches leaving made, in the Presidents words, “a very difficult season with membership down as a result.” In the off season, a lawn mowing roster and working bees were organised by the Committees to cope with the upkeep of the pool and surrounds. Council announced their intention to close suburban pools with new Aquatic Centres planned, the first to be a Sports and Leisure centre in Papanui.

The 2001/02 season opened with Carey Ryan as Club President. New swimming groups were formed (Tadpoles, Minnows, Dolphins, and Sharks) with Club sessions held every night and Family Swims on Fridays. The Management Committee was still uncertain of the pool's future and there were ongoing concerns about the condition of the handrails. Cracks were appearing in the pool and while these could have been repaired under normal maintenance, Peter Walls CCC Staff, stated “the Council were only prepared to do very minor upkeep.” At this time Council required that two Lifeguards be on duty while on hire to schools. A Health and Safety Audit of the pool revealed everything to be in order except “a chair roped around a faulty light fitting (now fixed) and a Lifeguard without a hat” Stress was added at a CCC Suburban Pools operators meeting when they were told that the operating budgets would cover day to day running, wages and chlorine but once used, the season would end and the pools would close.

The Management Committee had an overwhelming number of responsibilities compared to the Council's minimal input. In September 2001, the Community Board award was given to the Pool Management in recognition of the estimated 650-800 hours of voluntary service put in each summer. The Board also recognised that during

the holidays that there was little for the children to do, and provided free tickets to children and families “giving access to a local swimming facility which they could get to easily.”

By the end of the year the future of the pool was again in question. Following a meeting with Peter Walls and Councillor Ingrid Stonhill it was stated that “the council's policy of strategically placing multi leisure indoor facilities throughout Christchurch will result in the gradual closing down of the older outdoor pools”. Stonhill gave assurance she would “support the committee and community in whatever they decided with the regard to the closing of the pool.” She also suggested advising the community of the situation and to form an action committee if they wanted to save it.

In February 2002, a decision was made at Council, mooted by CCC Staff member Ken Lawn, “that the management of suburban pools should be taken over by the CCC Leisure Department due to Health and Safety legislation and that all accidents become the liability of Council operating committees and liability should rest entirely under its own auspices.”

Following this announcement, Pool Management met in May, with Council Staff and Peter Walls and Councillor Stonhill to discuss the Council's concerns on the management of suburban pools. The fear of closing pools was also discussed but staff members Matthew Lanyon and Peter Walls reassured that “waterspace needed for the city would be embarrassed if local pools were closed.” The position for the Swim Club's use of the Edgeware pool was discussed and with the strong historical links with the pool from its beginnings, it was indicated they should retain free usage as has always been. This “promise” was soon forgotten. In fact, the committee was also reassured that “the closure of the pool would have to be driven by a major maintenance problem and Council would notify users and discuss options with the community.” This understanding was also forgotten. Councillor Stonhill, always a supporter of the pool, asked that “a memorandum of Council intentions be drawn up by the council.” There is no record that this was fulfilled by Council.

In July 2002, the Pool was taken over by the CCC Leisure Department, with an operating budget of \$30,000 for the year. The Pool Management Committee had a new constitution drawn up, outlining their new roles. This legal contract was accepted by Council. Now under Council management, things changed dramatically. Pool hours were drastically cut; the Swim Club was charged for pool hire and for compulsory Lifeguard use, instead of being able to use their own trained Lifeguards. This was a bitter pill to swallow, considering 70 years of fatality-

free pool duty under the care of the Swim Club's own professionals. This resulted in the next season's Learn to Swim programme reduced to three nights a week. By September, a considerable reduction in pool opening hours was mooted with the Pool to open only at weekends and during school holidays.

Leading up to the 2003/04 season the Swim Club was frustrated at the lack of communication from Council regarding the opening date and hours. With four weeks to go before the normal season opening there was no water in the pool and the usual maintenance preparation for opening, previously done by volunteer committee members, had been deferred by Council. Without warning or consultation, all padlocks to the pool were changed, denying members access to their own pool and Clubhouse. Finally when keys were provided, committee members were required to notify Council when they intended going on to the site. The legal contract between both parties was completely ignored by Council. Concerned by deferred maintenance, a submission was made to Council by the Swim Club and Pool Management requesting increased funding to outdoor pools. In November 2003, the Swim Club and Pool Management formed a combined committee, with Carey Ryan as Chairperson. The 03/04 season opened with 75 club members and Swim Coaches Helen Pugh, Stephanie Allan and Deral Love Masters swimming was discontinued, owing to the cost of pool hire also Club pool time were reduced due to the public not being cleared from the pool. The last week of the season was used for water skills development : lifesaving, water polo and volleyball. Council announced the early closure of the season on February 15th as a cost-cutting measure, leaving the Swim Club and schools booked for swimming sports "high and dry". At the end of year barbecue Christine Riches' years of dedicated work as Club Treasurer and on the Management committee were acknowledged with the presentation of a weekend at Hanmer.

A letter to the Press in February 2004 reflected the Committee's feelings at the time that "the pool was neglected, lawns overgrown, water cold and dirty and maintenance deferred." It was also reported that while the Council's Community & Leisure Committee Chairman, Graham Condon was firmly in favour of reducing hours and closing outdoor pools, Councillor Ghanda supported pools as an important part of communities. A petition to "Keep our Pool Open" was circulated to Club members and the community. It gathered huge support with thousands of signatures and presented to Council.

The 2004/05 season opened with Jessamy Green as a new swim coach. Ali Jones presented a future plan promoting the pool to the community by radio, newspaper and STANN. Themes of families, children, community and water safety were paramount, asking the question:

"how can kids learn to swim if they keep closing pools?" With reduced hours and a shorter season enforced by Council, it became increasingly difficult for the Club with less income to pay pool hire fees.

In March 2005, suburban pool running costs were under scrutiny, prompting council to put forward a Pool-Closing Plan. Hopes soared in June 2005 when the CCC Working party announced "the number of opening days was to be increased at Edgeware, Belfast and Templeton pools. Edgeware, the most popular of suburban pools will see hot showers installed." Meanwhile, the longterm future of all outdoor pools was being assessed through the development of a wider Aquatic Facilities Strategy Plan.

Monica Guy took over as Swim Club President for the 05/06 season with Helen Pugh as Head Swim Coach and a full complement of 75 members enrolled. There was such a demand for lessons that many had to be turned away. The committee was looking towards competition for its senior members for the next season. A final barbecue and prize-giving was held in the Clubhouse with cups and trophies presented for overall attitude, effort and attendance.

With uncertainty over the pool's future, two community groups (Friends of Edgeware and Mothers Against Closing Edgeware or MACE) were formed to interact directly and visibly with council. In May, a request was made to, and rejected by, council, for a grant to allow the community to take over the pool. By June, the fate of the pool was finally announced. Council voted "to close the pool as it was no longer a viable option and too costly to fix," despite the previous assurance that the pool would not be closed until the Aquatic Centre in Papanui was operating. The community action groups responded with an independent engineer's quote of \$230,000 (with a 10 year guarantee) to repair the pool, which was \$1,421,600 less than Council's estimate. This was also rejected by Council. Public meetings, street banners and roadside demonstrations followed. In July, 500 people marched in protest to Cathedral Square "TO SAVE THE POOL". MP Tim Barnett received their petition of 2000 signatures and pledged to help.

With the 06/07 season imminent the Swim Club was left in limbo, locked out of their Clubhouse for months with no communication or support from Council to assist with provision of ongoing swimming instruction for Club members. On the morning of Monday, November 21 2006, the bulldozers, accompanied by the Police, moved on to the site in a surprise dawn move, demolishing the pool and all facilities, amidst protests from the local community, Swim Club, Friends of Edgeware and MACE group members.

The Swim Club Pavilion, now vandalised, stands as a sad reminder of the proud history of 72 years at 43a Edgeware Rd.

THE END

Rehua Heavenly Guardian

by Kevin McDonald

The site where Rehua stands today is a site of great significance to Maori. 'Springfield Road' as the name suggests, has puna or fresh water springs emerging from the ground at Rehua. These puna (springs) were a source of fresh water for the Ngati Mamoe / Waitaha people who lived at the ancient Puari Pa, situated near the centre of Otoutahi (Christchurch), 500 to 1000 years ago.

Puari Pa stretched from the banks of Otakaro (Avon River) near Victoria Square out toward Bealey Avenue. Many taonga (treasures) have been excavated from this ancient Pa site. It is estimated that at its height Puari was home to 800 people.

The urupa (cemetery), or burial ground, was situated where the old public library and Police Station stand today. *✍*

St Albans Quiz Night

How well do you know our suburb? Trivia questions about St Albans will be a feature of The Great St Albans Quiz Night, being held on Saturday, August 21 at the Richmond Working Men's Club.

The Parent Teacher Association at St Albans School is holding an evening of trivia, games and spot prizes, as a fundraiser for the school library. "St Albans has a long trivia night tradition," says PTA secretary Sarah Johnston, "and many of our current PTA members have been involved in organising past events, so this year's Quiz Night should be a great reason to get off the sofa and get together for a fun community night out."

There will be prizes for the team with the best costume and theme, and a round of local St Albans trivia questions, so get a group together and buy your tickets from the school office (\$70 per team - maximum six members). *✍*

St Albans Pavilion and Pool Update

From SAPP Newsletter

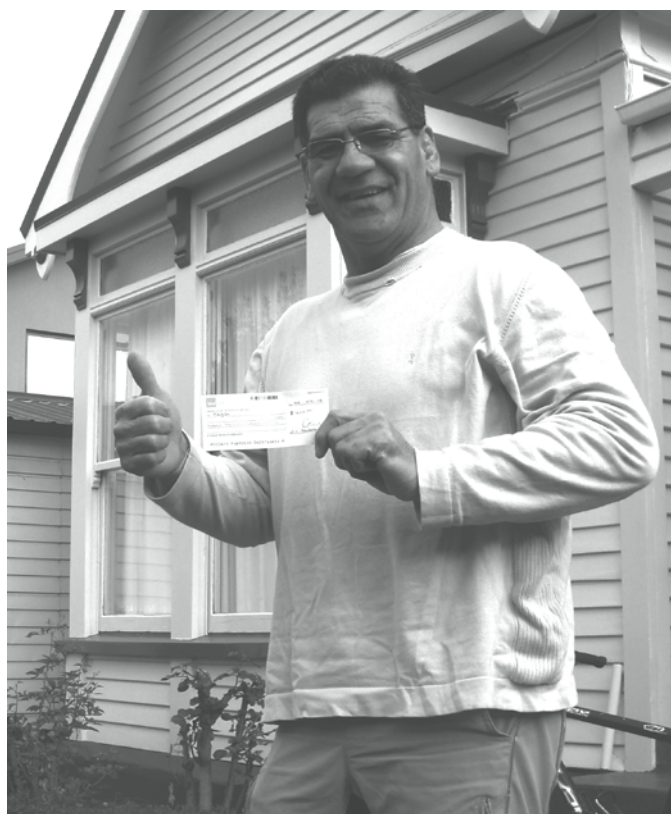
As everyone is probably aware, SAPP was the successful applicant for the purchase of the old pool site in Edgeware Rd. The group, an incorporated society with charitable status, has the purchase funds ready to hand over to Council, but are just waiting for Council to finalise the boundaries and the documents. So this is very exciting stuff and soon the community will own 43a Edgeware Rd.

SAPP is also working with the community garden group to establish a good interface on the site. The community garden has had a wonderful landscape plan designed, and it is going to be such a huge gain for our suburb.

The fundraising continues in order to provide that very necessary cash flow. The latest fundraiser is A Night at the 'Pictures', coming up on August 7 at the Scottish Society Hall in Caledonian Rd. This is a showing of old time movies, such as the Marx Brothers, and Movietone News. There will be ice creams and raffles, and tons of fun. Tickets are \$12.00, available at the Kiwi Postshop, and numbers are limited so don't miss out.

Watch out for an amazing new sign going up at the Edgeware Rd entrance over the next few weeks. Huge thanks to Kim Dunkley for the superb design work for the signage and also the promotional posters and flyers. *✍*

Raffle Winner



Geoff Siave Principal of Shirley Intermediate school and our Community Centre raffle winner, pictured with his cheque for \$400 first prize. Geoff said "Thank you to the Community centre. St Albans is recognised as a vibrant community."

(by Kevin McDonald)

The Edgeware Sports Bar

"The Tiny Bar with the Big Atmosphere"

18
POKIES

TAB

Pool Table

Ph: 377 2294

Beside Sema's Restaurant

tradell skills

Building - Carpentry
Painting - Plastering
Electrical - Plumbing
Paperhanging
Waterblasting
General Handyman
and much more

Trade Skills

Phone

Peter on 332-6274

Letters to the Editor

Why We Retired to Christchurch

It has always been our favourite city because of its tree-lined avenues, its parks, rivers and beaches with the centre-piece being the vibrant Cathedral Square with its Heritage buildings and trams.

Why Edgeware/St Albans

We love the tree-lined streets with its mixture of houses, particularly the character cottages, bungalows and villas with their family sized sections. We chose a bungalow already modernised and renovated by a professional builder. We have since stamped our own mark on the property with a lawn, garden and box hedges.

St Albans is a suburb of mixed nationalities and religions, all catered for in Edgeware with its various churches and schools, takeaways, cafes and restaurants. Edgeware has a good range of shops and services at a friendly and competitive price.

As Merivale is to Fendalton — Edgeware is to St Albans, but our place is cheaper and friendlier.

Dislikes:

- The developers knocking down perfectly sound houses and erecting cramped Lego-style apartments.
- The litter droppers and small-minded graffiti scribbles.
-

Bouquets:

- To the Christchurch City Council for their financial investments and the manner in which they maintain our city and its Garden Image.
- The Papanui, Shirley Community Centres and the St Albans Community Centre with its St Albans News team that keep us informed.

*Bye for now,
Grandad Jock*

I was re-reading your May newsletter - in particular the article about 'Trees in Oxley Avenue' on the last page, by Aidey Nolan. I noted someone had started a petition & wondered if that petition was still going or being followed up? We have our own horror story about our trees being ruined by the CCC (or Tree Tech under contract). We'd be pleased to talk to someone, or to sign anything!

Regards,

Trish Bowles

The St Albans News relies on your contributions. Please send us your articles, letter and notices to news@stalbens.gen.nz. The deadline for the next issue is the 17 of August

St Albans Veterinary Practice

Cnr Cranford & Berwick Sts

Phone us when your pet
needs the vet

355-6747 (24 hours)

Dr. Geoff Mehrtens B.V.Sc

Leg Wise

Sore, swollen Legs?

Flying Soon?

Pregnant?

Compression Hosiery Can Help
Home Assessments Available
Phone Tracey RN 355 4024



skin deep
BEAUTY THERAPY

Introduces...

Julie
Hawkins-Cochrane

**Reiki Master/
Practitioner**



Is now available for Reiki treatments. Appointments by arrangement
Reiki is a hands-on natural, safe way of balancing mind, body and spirit

*"I look forward to helping you
on your journey to wellness soon"*

PHONE 03 389 4999 1062 COLOMBO ST, EDGEWARE, CHCH

V O T E
 **CHRISTOPH HENSCH**
I N D E P E N D E N T

FOR CITY COUNCIL
Shirley / Papanui

03 355 6393 / 0210 77 12 44
christoph@hensch.org.nz
www.hensch.org.nz

I believe we need:

- Strong and active communities
- A city council that upholds transparency, responsibility and participation
- A city council that believes in fiscal responsibility and wisdom
- Every resident to feel that Christchurch belongs to them

Authorised by: Christoph Hensch, 40a Somme St, Christchurch



Community Notices

Art Society: Monday, 10 am – 12 pm at St Albans Community Centre. Ph: 355 5090 (Reg)

Astronomy Open Nights: The Canterbury Astronomical Society's West Melton Observatory is open to the public from 7:30 to 9:00 pm every Friday night from April to September. Individuals and groups of less than 15 people are welcome on any public night. Larger groups require a booking. For further information see www.cas.org.nz, email bookings@cas.org.nz, or phone 027 445 8443. Cost \$6 per person

Belly Dancing: Wednesday, 10 - 11 am at St Albans Community Centre. Ph: 027 201 8858 (Yurie)

Computer Training for the Over 55s: SeniorNet Canterbury Inc — at the Shirley Community Centre — has computer instruction available on a wide range of subjects for those aged 55 and over. Peer training with small classes of six to eight students and two tutors. Telephone 386 2140 for an Information pack or leave a message on the answerphone

Community Gala: Our Lady Of Fatima. Friday 19 November at Our Lady Of Fatima School from 5pm till 8pm. Food-Fun-Families-Friends-To raise **FUNDS** for your community. Food, Entertainment, Stalls. For more information, contact Convenor Philippa Grocott (942 6198) or Secretary Bernie Campbell (386 1024)

Dance Fitness: Thursday, 5 — 6.30 pm at St Albans Community Centre. Ph: 365 6585 (Donette)

Fairy Dance Academy: Tuesday 3.30 — 5 pm, Thursday 9.30 am — 11 am, Saturday 9.30 am -1pm, Sunday 10am-11am at St Albans Community Centre. Ph: 021 120 6540 (Pam)

Free YWCA After Breast Cancer Surgery Programme. Eight weeks of gentle pool and floor exercises for women who have had breast cancer surgery at any time. Enrolment essential. Phone Susan 355 3303

Friday Night O/A: Friday, 7 pm — 9 pm at St Albans Community Centre. Ph: 386 3183 (Carla)

Golden Connection: A service for older adults, is a six week programme provided by the Neighbourhood Trust for older adults over 55. Based at the St Albans Baptist Church, 64 McFaddens Road. All welcome. For more info, contact Tony Marsh on 355 6522, email: tony@nht.org.nz. Website: www.nht.org.nz

Hatha Yoga: Tuesday, 10 — 11.30 am at St Albans Community Centre. Ph: 980 8760 (Pauline)

Jewels N Beads Wholesale Jewellery HAVE

MOVED to 10 Cavan Place, Mairehau. New Phone 385 8010. We have a great range of beads, pendants & jewellery at great prices. Open 9.30 — 3.30 Monday — Friday. Saturdays 9.30 — 12. Closed Wednesdays. Also book now for school holiday classes

Laughter Yoga: Sunday, 11 — 12 pm at St Albans Community Centre. Ph: 021 998 109 (Hannah)

Leisure Group (55+): Friday — fortnightly at 10.30 am at St Albans Community Centre. Ph: 379 6305

Mairehau Parish Indoor Bowling Club: behind Our Lady of Fatima Church. We welcome new members. Mondays at 7 pm. The Season is between March & September. For details phone 382 8340

NeighbourNet: Open Monday — Friday, 11am - 3pm, and on Saturdays at 1pm — 3pm. Internet access and Office applications, listen to podcasts etc at St Albans Community Centre. Phone: 379 6305

NZ Japan Society: Tuesday (4th), 7.30 — 9.30 pm at St Albans Community Centre. Phone: 355 9903

Pilates – Levels 2 & 3: Fridays, 9.30 — 10.30am at St Albans Community Centre. Ph: 342 3172 (Coralea)

Qi Gong: Monday, 5 — 6 pm at St Albans Community Centre. Ph: 021 161 7831 (Mitsue)

Ratana Church Service: Every third Sunday of the month. 11am — 12pm at the Rehua Marae. (355 5606)

Scottish Society Inc: Great Winter activity for your child. Saturday morning dance classes for all ages. Scottish Society Hall, Corner Edgware and Caledonian Road, 9.30 — 11am. Tutors all trained in Highland and National Dancing, Please contact Cushla Piesse 352 7251 for more information

Share International - Maitreya steps forward: His open mission has begun. St Albans Community Center. 1st Wednesday of every month, 7.15pm-8.45pm. For further information phone/txt John 027 545 4823. maitreya.chch@xtra.co.nz

Shirley Community Choir: Sessions on Tuesday evenings, 7:30 — 9:30, at the Scout Hall in Harrison St (off Flocton St). Contact Christopher at: 386 1025, 027 568 5515 or christopher_musgrave@yahoo.co.nz

Shirley Toy Library: Hammersley Park School, Amos Place (off Marshlands Road). Opening hours: Wednesday 9:30 AM — 11:30 AM, 6:30 PM — 8:00 PM Saturday 9:00 AM — 12:00 PM, 1:30 PM — 3:00 PM

St Albans Choir: Monday (2nd, 3rd, 4th, 5th), 7.30 — 9 pm at St Albans Community Centre. Ph: 379 9188 (Heather)

St Albans Choir Meeting: Tuesday (3rd), 7.30 — 9 pm at St Albans Community Centre. Phone: 379 9188

St Albans Residents Association: The next meeting will be held on the 14th of September at the St Albans Community Centre, 1047 Colombo St. If you have issues you'd like to put onto the agenda, then please contact 379 6305

SANDS: Monday (1st), 7 — 9 pm at St Albans Community Centre. Phone: 323 9850

The Great St Albans Quiz Night (PTA Fundraiser for the school library): Saturday August 21st, Richmond Working Men's Club. Doors open 7pm. Quiz starts 7.30pm. Tickets: \$70 per team (maximum 6 members per team). Trivia (including St Albans local knowledge!), games and prizes, including one for the best team costume! A great winter night out, so get your team together now. Tickets on sale from the School Office from Monday July 19th

Tai Chi — Beginners: Mondays, 1.15 – 2.15 pm. Ph: 366 5472 (Phillipa, Presbyterian Support)

Tai Chi — Maintenance: Monday, 12 – 1 pm. Ph: 366 5472 (Phillipa, Presbyterian Support)

Transition Initiative St Albans (TISA): For more information, phone 374 2465 or email tisa@stalbands.gen.nz

Wu Tao Dance: Tuesday, 5.45 — 7.15 pm at St Albans Community Centre. Ph: 354 9328 (Karen)

etcetera... coffee

MILITARIA NZ books
vintage clothes
COSTUME JEWELLERY
cnr Edgware & Barbadoes Sts
Phone: 385 5117

Therapeutic Massage & Aromatherapy

STRESSED? TIRED?

Philippa MacLean
Dip Mass ACTM Dip Aroma CCNM
Ph: 356 1484

The St Albans News relies on your contributions.

Please send us your articles, letter and notices to news@stalbands.gen.nz. The deadline for the next issue is the 17 of August

St Albans News Classifieds

SERVICES

A to Z Appliances: Repairing, Selling & Buying Whiteware. Any brand, old or new. I stand by my work with warranties & offer very cheap local rates. For personalized service with a smile phone Zaine Harding on 669 2292 or 021 249 2292

Aakland Carpet Cleaning: Carpets and Upholstery Cleaned, Super cleaned from \$15/room, Over 25 year's experience. Ph. 388 3314

Accountant: Working from home in St Albans. Self employed accounts, rental properties, GST & tax returns. Budgeting & business advice. Contact Susan Ayton 980 7334 or taxayton@paradise.net.nz

Affordable Counselling: Experienced Counsellor and Therapist Don Rowlands, is locally based at the Durham Centre 110 Bealey Avenue. Couples, individuals and blended families. Free counselling may be available through the Disability Allowance (WINZ) or the Family Courts. Telephone (03) 365 7776 (w) or 027 688 2061

Alexander Technique: For women. Pain relief and stress release through postural awareness. Take control of your own health & well-being. Call Shona on 379 0332

All Creatures Small: Pet sitting and Locum Vet Nurse Phone 365 6156. thseeker_who@yahoo.com

Bowen Therapy — Bowtech. Gentle therapy for all aches & pains. 1040a Colombo St, Edgware, Ph 0800 581 481

Builder: Maintenance, alterations, decking, new residential, kitchen installations, bathrooms, office fitouts, etc. Phone Kevin 021 268 2832 or 366 1177

Celebrant available: For your marriage, civil union, or other ceremony. Ruth Gardner, phone 03 365 6943, www.ruth.org.nz

Classifieds: 30c per word prepaid. Deadline for the next issue is 19 Aug

Computer Guru: Highest quality computer servicing, fixing all hardware/software problems,

installations, advice and more. Servicing St Albans for four years, Call outs start at \$40/hr. Offsite repairs \$20/hr. Phone Ron 379 3061 or 021 0243 7398, or pcguru@orcon.net.nz

Computer Volunteers Required: If you have some spare time & are knowledgeable in Internet, email & XP the St Albans Community Centre would love to meet you. Please phone Alison 379 6305

Dave's Computer Service: Troubleshooting, Virus removal, Tuition etc. Low rates, ph David 356 1280

Door Specialist: Repairs, adjustments and installation of all doors and locks, ranch slider wheels and locks, garage doors. Qualified Tradesman. Phone Stewart 365 2969 or 021 185 4055

Electrical: Bright Sparks Electrical Ltd. Registered Tradesmen. Call Peter at 027 572 8864 or 382 5824 (after hours)

Electrician: registered tradesman. Accredited Heat Pump installer. Domestic & Commercial Local rates. Call John: 021 232 1173

Hairdresser: Long lasting shiny hair colour, organic based ammonia free, good for you, good for the environment! Great haircuts. Tracette, 80 Derby St, ph 3796 368

HEALING: through guided deep relaxation including past and present physical and emotional issues. Tel Sunny 374 3388 or sunnymayahealing@gmail.com

Healing and Readings: Crystal and Theta Healings, intuitive readings. August special only \$40! Phone Yvonne 960 9711

Housecleaning job in St Albans wanted: By honest efficient and reliable lady on a weekly basis. \$25 per townhouse/flat. Excellent references available. Phone Nicola 386 1118

House cleaning job in St Albans available by honest efficient woman. \$20 per hour. Phone Pam 021 222 9958 or 377 7396

Ironing: Available at \$20 per

hour. In your home or can collect in St Albans/Merivale area Ph Janis 355 9034

Mobile Haircuts: From \$5.00 Ph 027 691 0080

Mobile Beauty Therapy Treatments: 18 years International experience. I come to you. Phone 027 555 1527

Mobile Spray Tanning: Beauty Therapist with 18 years International experience. I come to you at your home. Phone 027 555 1527 for booking. www.spraytanchristchurch.co.nz or info@spraytanchristchurch.co.nz

Painting & Decorating: Internal/external 22 years experience plastering, Owner operator, Efficient Service, locally based. Ph Mark 355 7670 or 027 434 3300

Pet Care — need help looking after your dog or cat? Phone 377 2475

Relationship Counselling — Professional, confidential counselling service by approved Family Court Counsellor. I am able to help people to access funding to meet with me from the courts where appropriate. Website: <http://www.dianecounsel.com> or ph 386 2746, Mob 027 338 5274 Diane Counsell

Therapeutic Massage for stress release. \$10 off for the month of August. Phone 379 0332

TUITION

Belly Dance Class: Fun fitness for all ages, City YMCA (Thurs 7.30pm/Sat 11am), St Albans (Wed 10am). Contact Yurie Ph 352-8209 / mebellydance@gmail.com

Clarinet, Sax, Guitar & Piano: Experienced local teacher for the NZ Modern School of Music. Phone Nicola on 355 1095

Drums: Experienced & qualified teacher at well-equipped studio with two kits, Rockschoool exams available, Andrew Couper, ph 980 5456, a.s.couper@paradise.net.nz

English Tuition: Foreign students of all levels. Individuals

or groups. \$15/hr. Phone Peter 377 8197

Fairy Dance: Classes from 18 months. Tuesday, Thursday, Saturday. Phone Pamela 021 120 6540 or 379 6305

Guitar Tuition/Harmonica Tuition: St Albans/City based. I am a professional musician and a very patient, motivational and passionate tutor. I cater to all ages, many styles. Complete beginners onwards, Great facilities. David 021 124 4801, (03) 379 9394. backyardmusic.co.nz

Self Defence Classes: Gain health & flexibility, Mon & Thurs 5.30 — 7.30 at Foundation for the Blind, 96 Bristol St, Merivale. All ages. Ph 0800 581 481

Teacher: Maths 9 — 12 years: English 9 years to NCEA Level, ESOL & IELTS, Phone Rowena 365 8666

Yoga: St Albans Community Centre. Tuesday 10-11.30am. Friendly, relaxing class, well suited to mature figures. Phone Pauline on 980 8760

Super Tune Technologies

Affordable Tuition \$30 per hour
Computer Repairs \$60 per hour
Mobile Technician From \$60 per hour

Sales & Service
Tunes & Tuition

4 Cranford St
 St Albans
 Christchurch 8014

PHONE: 03 379 4430
 CELL: 021 043 9981
 Corner Cranford St & Edgware Rd

Market

The St Albans Community Market

Every Saturday 9am - 2pm
 at English Park,
 Cranford Street

up to 40 stalls selling plants,
 fruit & vegetables, cakes, crafts,
 collectables, household goods
 & much more

Enquiries phone 351- 9727

Thanks From Kiwi Bookshop

As most of the community is aware, the Kiwi Bookshop experienced an armed hold-up at 12.30pm on Saturday 26th June, a very frightening and traumatic ordeal for our staff and customers alike. However, with guidance from the EAP Critical Incident Support Team and the support of NZ Post/Kiwibank, the aftermath of such an ordeal is being managed.

The most significant realisation, from the perspective of the team who work within the business, was the enormous outpouring of care and support from loyal customers, fellow businesses and organisations, and the community as a whole.

The team received heart-felt words of concern, and on occasion severe annoyance that such an escalated level of crime had occurred within their community.

Along with the sentiments came the generous gifts of muffins, scones, breads, savouries, chocolates, flowers,

cards, and then more home baking extending over the following weeks. In some instances, these gifts were provided by caring individuals, who may not always be in a position to be so generous. Truly moving.

Needless to say Roger and Anna (owner/operators), and their loyal and tireless team of Shirlee, Simone, Bev and Marie, wish to thank all who voiced their care and concern, those who purposely visited the shop to do so, and of course all those generous souls for their delightful and very scrummy treats (if we're all looking a bit larger, you know why).

It remains business as usual at your local Kiwibank/Postshop largely due to the support of a very loyal and supportive community. An enormous thank you to you all. Going ahead, some exciting changes are afoot at the Kiwi Bookshop, so watch this space.

The Team at Kiwi Bookshop

Energy Expo

**Sunday 8 August
2010**

1pm - 4:30pm

**St Albans Community Centre
1047 Colombo Street**

The St Albans Community Centre presents a mid-winter **Energy Expo** to highlight ways in which people can save power, find out about energy efficient appliances and methods, and try out some alternative energy sources. The Expo will look into:

- Energy Conservation
- Energy Efficiency
- Alternative Energy

It will feature displays on the above, talks by local experts, energy-related videos and a demonstration of electric bikes.



On the 13th of July, the Minister of Social Development, the Hon. Paula Bennett, visited the Community Centre. Here she is shown in conversation with Co-Chair Bill Demeter and Manager Christoph Hensch.

Photo by Kirsten Chambers

Quotes of the Month

There is nothing more satisfying than to lie in bed at night, secure and warm, with a whistling wind outside

Clare Leighton, Four Hedges

Winter is the season in which people try to keep the house as warm as it was in the summer, when they complained about the heat

Author Unknown



Follow us on
Facebook,
<http://www.facebook.com/StAlbansNews>



The QR code can be decoded by a "smart-phone" with an embedded camera and barcode reading software installed. Barcode scanning software is available for free.